

Clubs & Organisations Register - Health & Welfare Groups

Advocacy Network Services Trust (ADNET)					
Address	PO Box 1256 Hamilton 2015				
Phone		Email		Website	
Contact	Contact Phone			Contact Email	

Al-Anon					
Al-Anon is a 12 step programme for family and friends of alcoholics. MEETING TIMES: There are two meetings a week for Al-Anon in Hamilton. The first is Tuesday nights, 7:30-9 pm at YWCA, Clarence Street, Hamilton. The second is Friday nights, 7:30-8:30 pm, St Clare's Church, 97 Tuhikaramea Road, West Hamilton.					
Address	C/O P O Box 1011 Hamilton 2015				
Phone		Email	nz-al-anon-gso@xtra.co.nz	Website	www.al-anon.org.nz
Contact	Contact Phone			Contact Email	
Al-Anon GSO	0508 425 2666			nz-al-anon-gso@xtra.co.nz	

Alcohol & Drug Community Support Trust					
Alcohol and drug supportive accomodation.					
Address	PO Box 9136 Waikato Mail Centre Hamilton 3240				
Phone	0274 733 777, 07 834 2428	Email	manning_street@xtra.co.nz	Website	
Contact	Contact Phone			Contact Email	
Janet Hankon					

Alternatives to Violence Project (Waikato)					
A powerful programme which represents new and creative ways of responding to conflict situations by experiences exploring affirmation, communication, co-operation, creative conflict resolution, community building and trust. Caro Street Community Building.					
Address	74 A Beerescourt Road Beerescourt Hamilton 3200				
Phone	07 850 1003, 021 212 0195	Email	davetricia@hnpl.net	Website	N/A
Contact	Contact Phone			Contact Email	

Alternatives to Violence Project (Waikato)					
A powerful programme which represents new and creative ways of responding to conflict situations by experiences exploring affirmation, communication, co-operation, creative conflict resolution, community building and trust. Caro Street Community Building.					
Address	PO Box 4356 Hamilton 3247				
Phone	07 839 9906	Email	avp@charity.net	Website	www.avpaotearoa.org.nz
Contact	Contact Phone			Contact Email	

Alzheimers Waikato					
To make life easier and to provide information, support, advocacy, education and support groups to people affected by alzheimers and other dementia.					
Address	PO Box 5720 Hamilton 3242				
Phone	07 929 4042, 0800 004 001	Email	waikato@alzheimers.org.nz	Website	www.alzwaikato.org.nz

Contact	Contact Phone	Contact Email
Jane Kay	07 929 4042	

Armourdene Rest Home		
Rest home.		
Address	10 Von Tempsky Street Hamilton East Hamilton 3216	
Phone	07 839 5476	Email armourdene@hotmail.com
Website		
Contact	Contact Phone	Contact Email
Sandra Derbyshire	07 839 5476	

Arthritis New Zealand (Waikato Service Centre)		
Located at 750 Victoria Street, Hamilton. We are a Not for Profit Organisation. I am the Arthritis Educator for Arthritis New Zealand covering the Waikato Area. My role is to run free Arthritis Clinics.		
Address	PO Box 74581 Greenlane Auckland 1546	
Phone	07 839 3219, 07 839 1209, 0212545168	Email charlotte.tohi@arthritis.org.nz
Website	www.arthritis.org.nz	
Contact	Contact Phone	Contact Email
Linda White	07 839 3219	linda.white@arthritis.org.nz

Asian Services - Problem Gambling Foundation		
Location 270 Victoria Street, Hamilton. The Problem Gambling Foundation (PGF) is committed to minimising the harm caused by gambling. Asian services are available in English, Mandarin, Cantonese, and Korean languages, to provide support to Asian people affected by gambling.		
Address	PO Box 19273 Hamilton 2030	
Phone	07 839 7586	Email wendy.li@pgfnz.co.nz
Website	www.pgfnz.co.nz	
Contact	Contact Phone	Contact Email
Wen Li	07 839 7586	wendy.li@pgfnz.co.nz

Aspire - Community Support		
Physical Address: 103 Tawa Street, Melville, Hamilton		
Residential and supported living options for people with an intellectual disability.		
Address	PO Box 4083 Hamilton East Hamilton 3247	
Phone	07 839 0183, N/A, 021 800 750	Email reception@aspire.org.nz
Website	www.aspire.org.nz	
Contact	Contact Phone	Contact Email
Aspire - Community Support	07 839 0183, N/A, 021 800 750	reception@aspire.org.nz

Atawhai Assisi Home and Hospital		
Residential aged care facility owned by Sisters of Mercy providing care for 68 residents.		
Address	158 Matangi Road RD 4 Hamilton 3284	
Phone	07 856 3019	Email admin@assisi.co.nz
Website		
Contact	Contact Phone	Contact Email
Judy Hindrup	07 856 3019, 07 856 3019	ceo@assisi.co.nz

Autism New Zealand Inc. (Waikato Branch)		
information and support services for families / caregivers dealing with an Autism Spectrum Disorder		
Address	PO Box 406 Waikato Mail Centre Hamilton 3204	

Phone	07 849 2896	Email	centralhub@autismnz.org.nz	Website	www.autismnz.org.nz
Contact		Contact Phone		Contact Email	

Barnardos New Zealand					
Our vision: a society where children can grow up to be caring people and quality parents. Mission: to help NZ children experience a cycle of success through effective care, support and education. Services provided by the Waikato Management unit include: family support service, children's contact service, parenting programmes, KidStart home-based care and education services, Fostercare foster service (respite and care & protection bednights), domestic violence programmes for children and counselling, Footsteps to Feeling Safe.					
Address	PO Box 1500 Hamilton 2015				
Phone	07 839 1800	Email	waikato.AMU@barnardos.org.nz	Website	www.barnardos.org.nz
Contact		Contact Phone		Contact Email	
Pete Miller		07 839 1800		pete.miller@barnardos.org.nz	

Birthright (Waikato)					
Sole parent support group.					
Address	PO Box 1052 Hamilton 2015				
Phone	07 838 0572	Email	bwaikato@ihug.co.nz	Website	
Contact		Contact Phone		Contact Email	

Birthright Waikato Te Whanautanga Tika Inc					
Single parent support, social work, counselling and parenting education 1000 Victoria Street Hamilton					
Address	PO Box 1052 Hamilton 3240				
Phone	07 838 0572	Email	bwaikato@ihug.co.nz	Website	www.birthright.org.nz
Contact		Contact Phone		Contact Email	
Jo Robertson		07 838 0572		bwaikato@ihug.co.nz	

Breast Cancer Support Services					
To support patients who are suffering the stress and trauma of breast cancer.					
Address	C/O Beryl Blewett 3/3 Turnbury Court Hamilton				
Phone	07 854 3969	Email		Website	
Contact		Contact Phone		Contact Email	
Beryl Mary Blewett					

CanTeen - Waikato, Bay of Plenty, East Cape					
CanTeen provides a national peer support network for young people aged 13-24 living with cancer. CanTeen provides high quality educational and recreational programmes at a local level as well as at a national level.					
Address	PO Box 19448 Hamilton 2030				
Phone	07 839 1130	Email	waikato@canteen.org.nz	Website	
Contact		Contact Phone		Contact Email	
Sandra Schimanski		07 839 1130		waikato@canteen.org.nz	

CARENZ					
Alcohol and drug counselling.					

Address	6 Hill Street PO Box 9173 Hamilton 2015		
Phone		Email	hamilton@carenz.co.nz
		Website	www.carenz.co.nz
Contact		Contact Phone	
		Contact Email	
Jo Henricks		07 839 0389	hamilton@carenz.co.nz

Child Cancer Foundation Inc			
Providing support and resources to families with children who have cancer.			
Address	PO Box 9503 Hamilton 2015		
Phone	0800 4 CHILD	Email	chair.wktobr@childcancer.co.nz
		Website	www.childcancer.co.nz
Contact		Contact Phone	
		Contact Email	
Louise Dobson			

Choices Healthy Lifestyle Group			
Choices is an Acion Activity Support Group, which is open to anyone wanting to look at ways of improving their health.			
Address	PO Box 1388 Hamilton 2015		
Phone	07 839 3917	Email	choices@hmss.org.nz
		Website	
Contact		Contact Phone	
		Contact Email	
Louisa Talbot		07 839 3917, 025 629 7433	xxxaquaxx@myway.com

Community Radio Hamilton			
We are an Access radio station - providing programme-making and broadcast facilities to a wide range of non-profit community and special interest groups. Waikato region: AM 1206. Hamilton City: FM 106.8.			
Address	PO Box 110 Hamilton 2030		
Phone	07 834 2170	Email	admin@communityradio.co.nz
		Website	www.communityradio.co.nz
Contact		Contact Phone	
		Contact Email	
Phil Grey		07 834 2170, 021 710 705	phil.grey@communityradio.co.nz

CORSO Inc			
Just Working For A Just World.			
Address	PO Box 9437 Hamilton 3240		
Phone		Email	corso@earthlight.co.nz
		Website	http://www.corso.org.nz
Contact		Contact Phone	
		Contact Email	
James Holdom		07 855 5699	jholdom@ihug.co.nz

Country Section NZ Indian Association			
Address	C/O Madan Bange 33 Lake Domain Drive Hamilton 2035		
Phone	07 889 6392	Email	
		Website	
Contact		Contact Phone	
		Contact Email	
Paul Singh Bains		07 889 6392, 021 167 3974	

CPS Training			
CPS Training is a charitable trust providing community and professional development education programmes to enable people to identify, respond to, and prevent child abuse. Services are provided nationally and are NZQA accredited. CPS Training has the dream that NZ can be the safest place in the world for children.			

Address	PO Box 679 Waikato Mail Centre Hamilton 3240		
Phone	07 838 3370	Email	info@cpstraining.co.nz
		Website	www.cpstraining.co.nz
Contact	Contact Phone		Contact Email
Nikki Mapp	07 838 3370		info@cpstraining.co.nz

Deaf Aotearoa NZ			
Address	PO Box 19330 Hamilton 3244		
Phone	07 856 2064	Email	susitina.cook@deaf.org.nz
		Website	www.deaf.org.nz
Contact	Contact Phone		Contact Email
Maliah Edwardson	07 856 2064		maliah.edwardson@deaf.org.nz

Deanwell Slimming Club			
Slimming, weigh-in, support. Physical address: Deanwell Primary School.			
Address	C/O 20 Resthill Crescent Hamilton		
Phone	07 843 7854	Email	
		Website	
Contact	Contact Phone		Contact Email
Janice Verner Cleland	07 843 7854, 07 843 7858, 021 843 709		janice.cleland@xtra.co.nz

Dignity NZ Trust			
Assist awareness for legislation of voluntary euthanasia for the terminally ill.			
Address	17 Willowfield Place St Andrews Hamilton 3200		
Phone	07 858 2000	Email	admin@dignity.co.nz
		Website	
Contact	Contact Phone		Contact Email
Lesley Martin			

Disability Support Link			
Disability Support Link/ Older Persons Rehabilitation Services. Needs assessment, service coordination for all ages and disabilities. The outcomes of needs assessment will guide the allocation of community based support services. Anyone can refer to the service provided they have the individuals permission to do so. Location: Level 2, Monckton Trust Building, Corner Rostrevor and Harwood Streets, Hamilton.			
Address	PO Box 9201 Hamilton 2020		
Phone	07 839 1441	Email	jan@dsl.org.nz
		Website	
Contact	Contact Phone		Contact Email
Janice White	07 839 6273, 07 839 1441		jan@dsl.org.nz

Down Syndrome Association Waikato			
Address	35 Taitua Road RD 9 Hamilton 2021		
Phone	07 846 7223	Email	hamilton@stihlshop.co.nz
		Website	
Contact	Contact Phone		Contact Email
Zephne Morgan	07 846 7223, 07 856 9618		

Eldernet			
Nationwide on-line database directory of services for older people. Includes a map function showing the locality of many services.			

Address	C/O 286 Keyes Road CHRISTCHURCH 8007		
Phone	03 3881 204	Email	team@eldernet.co.nz
		Website	www.eldernet.co.nz
Contact	Contact Phone		Contact Email
Eleanor Bodger	(025) 208 7786		

Endometriosis Waikato			
Endometriosis Waikato is a community organisation empowering the 20% of women and teenage girls affected by this significant condition. We provide community support, information and education, and raise awareness in the wider community. Please see www.endometriosiswaikato.org.nz for more information			
Address	C/O 36 McNicol Street Hamilton 3214		
Phone	07 855 3851	Email	endo@hnpl.net
		Website	www.endometriosiswaikato.org.nz
Contact	Contact Phone		Contact Email
Annette L Evans	07 855 3851		endo@hnpl.net

Eventhorpe Home and Hospital			
Eventhorpe provides hospital and resthome level care, rehabilitation, hydrotherapy, hospice services.			
Address	payables@bupa.co.nz BUPA Care Services PO Box 50642 Porirua 5240		
Phone	07 856 3063 ext57200	Email	payables@bupa.co.nz
		Website	www.eventhorpe.co.nz
Contact	Contact Phone		Contact Email
Barbara Turner	07 856 3063		barbara@eventhorpe.co.nz

Family and Community Services			
Address	Private Bag 3016 ROTORUA		
Phone		Email	centralnorth@familyservices.govt.nz
		Website	www.familyservices.govt.nz
Contact	Contact Phone		Contact Email
Peter Waru	07 921 8169		

Family Education Network			
To strengthen families. Provides educational material to schools and youth agencies to aid value based programmes.			
Address	PO Box 5183 Hamilton		
Phone		Email	
		Website	
Contact	Contact Phone		Contact Email
Tony McKenna	07 846 0009		tony@financeshop.co.nz

Family Planning Association (FPA) Sexuality Education Unit			
The FPA Sexuality Education Unit provides: an information service on sexual and reproductive health issues, training to professionals and community agencies, education sessions for groups/agencies, advocacy.			
Address	PO Box 550 Waikato Mail Centre Hamilton 3240		
Phone	07 834 1433	Email	glenys.wood@familyplanning.org.nz
		Website	
Contact	Contact Phone		Contact Email
Glenys Wood			glenys.w@fpanz.org.nz

Family Start			
Address	100 Morrinsville Road Hillcrest Hamilton 3216		
Phone	07 857 0027	Email	Website www.family-start.org.nz
Contact	Contact Phone		Contact Email
Manujon Pemerika			manujonp@family-start.org.nz

Family Start - Kirikiriroa Family Services Trust			
Address	C/O Family Start PO Box 24023 Hamilton 2030		
Phone	07 857 0027	Email	Website www.family-start.org.nz
Contact	Contact Phone		Contact Email
Manujon Pemerika			manujonp@family-start.org.nz

Fetal Alcohol Support Trust			
The Fetal Alcohol Support Trust (F.A.S.T.) is dedicated to preventing Fetal Alcohol Spectrum Disorder (F.A.S.D.) by informing and educating the NZ community and offering support and advocacy for those individuals and their families that are affected.			
Address	2 Simon Place Nawton Hamilton 3200		
Phone	07 847 6752, 0800 006 752	Email	Website
Contact	Contact Phone		Contact Email
Shirley Ann Winikerei	07 847 6752		fast@xtra.co.nz

Gambling Watch			
Address	PO Box 5188 Hamilton 2031		
Phone	07 824 5992	Email	Website www.gamblingwatch.org.nz
Contact	Contact Phone		Contact Email
Dave Macpherson	021 477 388		dave.macpherson@xtra.co.nz

Girl Guiding Waikato			
Large hall complex, 3 separate rooms, fully equipped kitchen, toilets and showers, wheelchair access, 24 mattresses. Available for daytime or weekend use.			
Address	C/O J Whittaker 17 Lochinver Drive Hamilton 3200		
Phone	07 846 5400	Email	Website
Contact	Contact Phone		Contact Email

Growth Through Moderation Society Inc			
To prevent by education & promotion, the abuse & misuse of alcohol & other addictive substances. To eliminate harm caused in the community by such abuse & misuse. We promote with practical demonstrations & tastings of safe, healthy, tasty non-alcoholic alternatives to alcohol. Conduct educational displays, workshops, seminars, & school programmes to educate about the effects of alcohol & other drugs & provide practical & safe "host responsibility" packs to liquor outlets. Send out newsletters at least twice yearly to 1200 members & supporters. Conduct 2 general meetings yearly. Make submissions, attend seminars, conferences & workshopss			
Address	PO Box 11056 Hamilton 2034		
Phone	07 856 8090	Email	Website
Contact	Contact Phone		Contact Email

Margaret Jackson	07 827 4131	dave_marg@xtra.co.nz
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Hamilton Arthritics Hydrotherapy Support Group		
Address	PO Box 16238 Hamilton 2030	
Phone	07 855 0052	Email yvonne@infofen.net.nz or penniej@clear.net.nz
Contact	Contact Phone	Contact Email
Yvonne Wales	07 855 0052	yvonne@infofen.net.nz

Hamilton Cardiac Care & Heart Support Club		
A community rehabilitation programme for people with, or at risk of heart disease		
Address	27 Te Anau Place Glenview Hamilton 3206	
Phone	07 843 4544	Email edken@clear.net.nz
Contact	Contact Phone	Contact Email

Hamilton City Victim Support Group Inc		
Address	Private Bag 3078 Hamilton 2020	
Phone	07 834 9490	Email hamilton@victimsupport.org.nz
Contact	Contact Phone	Contact Email
Sherryl Crawford		

Hamilton Laughter Club		
Held at Celebrating Age Centre 30 Vicotria Street, Hamilton		
Address	31 Oxford Street Fairfield Hamilton 3214	
Phone	021 367 735	Email laughterhamilton@gmail.com
Contact	Contact Phone	Contact Email
Jean Dorrell	021 367 735, 021 367 735, 021 367 735	jdorrell@xtra.co.nz

Hamilton Marathon Clinic		
For all social and competitive runners and walkers for all distances. Not just marathons. Physical address: Hamilton City Hawks Clubrooms, Grantham Street.		
Address	PO Box 1015 Hamilton 2015	
Phone	07 838 9394	Email
Contact	Contact Phone	Contact Email
Raewyn Margaret Putt		dgputt@freenet.co.nz

Hearing Association Hamilton & Districts Branch		
Support group and service provider for hearing-impaired public of Hamilton and surrounding districts. Located at 27 O'Neill Street, Claudelands, Hamilton.		
Address	PO Box 4399 Hamilton East Hamilton 3247	
Phone	07 852 5725	Email hamhearing@xtra.co.nz
Contact	Contact Phone	Contact Email
Raylene King	07 856 2008	

Hospice Waikato			
Located at 33-35 Harwood Street Hamilton. Hospice Waikato provides specialised care for people dying from an incurable illness and supports them, their families and carers through illness, death and bereavement.			
Address	PO Box 325 Hamilton 3240		
Phone	07 839 3889, 07 854 1282, 0272839813	Email	elizabeth@hospicewaikato.org.nz
Website			
Contact	Contact Phone		Contact Email
Lesley Barker			lesley@hospicewaikato.org.nz

IDEA Services			
Provide residential and vocational services for people with intellectual disabilities. 2 Von Tempsky Street, Hamilton.			
Address	PO Box 750 Waikato Mail Centre Hamilton 3240		
Phone	07 834 7213	Email	hamilton.accounts@idea.org.nz
Website			www.idea.org.nz
Contact	Contact Phone		Contact Email
Vonny Davis	07 839 4802		

Immunisation Awareness Society			
To promote an "informed choice" with regards to vaccination. Help people gain more knowledge on the subject before feeling pressured to make a decision. Provide support whatever decision is made. Help people gather information so they can make a fully informed decision.			
Address	PO Box 56048 AUCKLAND 1030		
Phone	09 303 0187	Email	info@ias.org.nz
Website			www.ias.org.nz
Contact	Contact Phone		Contact Email
Immunisation Awareness Society	09 303 0187		info@ias.org.nz

Leukaemia & Blood Cancer New Zealand			
With a vision to cure and a mission to care, we are committed to improving the quality of life for patients and their families living with leukaemia, lymphoma, myeloma, and related blood conditions. Located at 27 Pembroke Street, Hamilton.			
Address	PO Box 4146 Hamilton 2032		
Phone		Email	
Website			www.leukaemia.org.nz
Contact	Contact Phone		Contact Email
Matthew Eby	027 523 1726		matthew.eby@leukaemia.org.nz

Life Education Trust Hamilton			
Address	1 London Street Hamilton Central Hamilton 3204		
Phone	07 838 0119	Email	dianne@aol.org.nz
Website			www.lifeeducation.org.nz
Contact	Contact Phone		Contact Email
Dianne Shoston	07 838 0119		dianne@aol.org.nz

LIFE Unlimited			
Providing a wide range of services for people with disabilities.			
Address	PO Box 146 Waikato Mail Centre Hamilton 3240		
Phone	07 839 5506	Email	DRC@life.nzl.org
Website			www.life.nzl.org

Contact	Contact Phone	Contact Email
John McIntosh	07 839 5506	

LifeLine Waikato Inc		
Free, confidential non judgemental 24 hour telephone counselling service.		
Address	PO Box 108 Waikato Mail Centre Hamilton 3240	
Phone	07 838 0715 office, 0800 543 354	Email lifelinewaikato@lifeline.co.nz
		Website www.lifeline.co.nz
Contact	Contact Phone	Contact Email

Literacy Waikato		
Provides confidential,friendly,relaxed tutoring in literacy either1:1 or in sall groups. Free to the learner. Ground floor Block A Wintec Tristram Street Hamilton		
Address	PO Box 588 Waikato Mail Centre Hamilton 3240	
Phone	07 834 8880	Email info@literacywaikato.org.nz
		Website www.literacywaikato.org.nz
Contact	Contact Phone	Contact Email
Louise Gaastra	07 834 8880	

M A K Kyokushin		
Where families and individuals, will learn to train hard and train with spirit. Its a way of learning discipline in a fun environment and its a way of finding out, that opportunities are out there. So come on, come along. Whatever your age, this Dojo has something for all. Take up the challenge!		
Address	43 Pine Avenue Melville Hamilton 3206	
Phone	021 1596952	Email mak.dojo@ihug.co.nz
		Website
Contact	Contact Phone	Contact Email
Kapi Peita	021 1596952	

ME Support Group		
Act as support and information service to people with ME and CFS.		
Address	C/O MS Waikato Trust PO Box 146 Hamilton 2015	
Phone	07 834 4742	Email mswaikato@clear.net.nz
		Website www.mswaikato.org.nz
Contact	Contact Phone	Contact Email
Frances Dene Letford	07 843 7283	letford@ihug.co.nz

Methodist City Action		
Social services agency - foodbank, social work, senior citizens support group, computer classes.		
Address	PO Box 1388 Hamilton 2015	
Phone	07 839 3917, 839 3917, 027 562 9758	Email lindsay@hmss.org.nz
		Website www.hmss.org.nz
Contact	Contact Phone	Contact Email
Wendy Nickalls	07 839 3917	w.nickalls@hmss.org.nz

Ministry of Health - Maternity		
National phone line. Available to all maternity consumers and maternity providers to obtain information about how the maternity system works in NZ. Provides a list of all Lead Maternity Carers (LMCs), (midwives and GPs) in a person's required area. Phone 0800 686 223 to obtain a list of LMC and for clinical or counselling queries.		

Address	PO Box 5013 WELLINGTON		
Phone	0800 686 223	Email	mum2be@moh.govt.nz
		Website	www.moh.govt.nz
Contact		Contact Phone	
	Teresa Gardiner	Contact Phone	0800 686 223
		Contact Email	

MS Waikato Trust			
Act as support and information service to people with MS and other neurological disorders.			
Address	PO Box 146 Waikato Mail Centre Hamilton 3240		
Phone	07 834 4740	Email	mswaikato@clear.net.nz
		Website	www.mswaikato.org.nz
Contact		Contact Phone	
	Janet Buckingham	Contact Phone	07 834 4740
		Contact Email	mswaikato@clear.net.nz

National Organisation Reform of Marijuana Laws NZ Inc			
Information about cannabis, its prohibition, and how you can help bring about drug law reform.			
Address	33 A Aurora Terrace Hillcrest Hamilton 3216		
Phone		Email	hamilton@norml.org.nz
		Website	www.norml.org.nz
Contact		Contact Phone	
	Gary Clarkson	Contact Phone	07 856 8394
		Contact Email	

Natural Fertility N.Z. Inc			
We are a natural organisation offering confidential clinics to couples/women that teach fertility awareness. Fertility awareness is the ability to recognise the naturally occurring signs of fertility in a women's menstrual cycle. This information can be used to understand your own menstrual cycle, to plan a pregnancy or avoid a pregnancy. We also educate teenagers, breastfeeding women, women approaching menopause and community groups. We also run education programmes in schools on contraception, puberty, and fertility awareness.			
Address	55 Berkley Avenue Hillcrest Hamilton 3216		
Phone	0800 178 637	Email	lalages@naturalfertility.co.nz
		Website	www.naturalfertility.co.nz
Contact		Contact Phone	
	Lalage Anne Sales	Contact Phone	07 929 1249, 021 022 78772, 021 774 375
		Contact Email	lalage.sales@gmail.com

Neighbourhood Support Hamilton			
Neighbourhood Support is a community owned programme to make our neighbourhoods and communities safer and more caring places in which to live. Neighbourhood Support works closely with the Police and other organisations, to reduce crime and to prepare people to deal with emergencies and natural disasters in their community			
Address	PO Box 3078 Hamilton 3240		
Phone	021 592 553	Email	lyall@nsnz.org.nz
		Website	www.nsnz.org.nz
Contact		Contact Phone	
		Contact Email	

Netherville Retirement Village			
Retirement village.			
Address	PO Box 21073 Hamilton 2030		
Phone	07 854 0131	Email	
		Website	
Contact		Contact Phone	
	Anna Kemps	Contact Phone	
		Contact Email	

New Progress Enterprises Charitable Trust

New Progressive Enterprises (NPE) provides a wide range of programmes and activities to support people who have experienced, or are experiencing, mental health issues.

Address	PO Box 19082 Hamilton 2030				
Phone	07 838 0302	Email	kellie@npe.co.nz	Website	www.npe.co.nz
Contact	Contact Phone		Contact Email		
Karen Covell	07 838 0302		karen@npe.co.nz		

New Zealand AIDS Foundation, Te Puawaitanga O Te Ora

Provides HIV testing, support for people living with or affected by HIV/AIDS including confidential counselling and support. This service is available free to anyone of any gender, ethnicity, or sexuality. Plus, free and confidential sexuality counselling for men-who-have-sex-with-men and their partners (male or female). Also information/education on HIV/AIDS and HIV prevention.

Address	PO Box 41 Hamilton 2015				
Phone	07 838 3557	Email	contact.hamilton@nzaf.org.nz	Website	www.nzaf.org.nz
Contact	Contact Phone		Contact Email		
Robyn Cresswell	07 838 3557				

NZ Ex-Wrens Association Inc

Address	C/O Lt Cdr J M Luttrell 34 B Claude Street Hamilton				
Phone		Email		Website	
Contact	Contact Phone		Contact Email		
Jan Luttrell	07 855 3862		jan.luttrell@inspire.net.nz		

NZ Neurological Foundation (Waikato Division)

To raise funds for Neurological Research.

Address	PO Box 9290 Hamilton 2015				
Phone		Email		Website	
Contact	Contact Phone		Contact Email		
Colin Vazey	(07) 838 2160				

NZ Red Cross - Chartwell Branch

Chartwell Branch supports the New Zealand Red Cross by fundraising. We have a knitting group that provides children's clothes, and rugs for the elderly, we hire a wheelchair and support the Red Cross Shop at 5 Cross Roads.

Address	C/O Howard Ennis 19 Azimuth Place Hamilton				
Phone		Email		Website	
Contact	Contact Phone		Contact Email		
Howard Nolan Ennis	07 854 0193				

Optionz Brain Rehabilitation & Recovery Trust

Non-profit organisation. Making a difference in the lives of people affected by brain injury. Structured rehabilitation programme based on individual needs/goals and abilities. Located at 290 Tristram Street, Hamilton.

Address	PO Box 600 Waikato Mail Centre Hamilton 3240				
Phone	07 839 4010	Email	anne.harris@optionz.org.nz	Website	
Contact	Contact Phone		Contact Email		
Anne Harris	07 839 4010		anne.harris@optionz.org.nz		

Pacific			
Warm Pacific greetings. We work sensitively with your cultural values and respectfully with Pacific to achieve the best outcome for your family. Our services include Health promotion/education (classes, workshops), Youth services (Youth Group, Pacific Youth Events, Youth counselling), Social Services (SKIP Parenting programme, Parenting through separation)best of all they are FREE.Call us so we can support you! Contact Saffron 07 848 1002			
Address	PO Box 1152 Hamilton 3204		
Phone	07 848 1002	Email	terapakau@terapakau.co.nz
Website			
Contact	Contact Phone		Contact Email

Parent To Parent Waikato			
Support and information for parents and whanau with a family member that has a disability, health impairment or additional need. Disability,Service,Family,Support,Child,Health Contact Carol848 1362			
Address	PO Box 9112 Waikato Mail Centre Hamilton 3240		
Phone	07 848 1362, 07 839 1276	Email	waikaton@parent2parent.org.nz
Website	www.parent2parent.org.nz		
Contact	Contact Phone		Contact Email
Parent To Parent New Zealand Inc.	07 853 8491, 0508 236 236		national@parent2parent.org.nz

Parkinsonism Society Waikato Inc			
Parkinson's Waikato is an incorporated Society, registered with the Charities Commission. We provide information, education and support to People With Parkinson's (PWP), their Care-givers, families and whanau throughout the Waikato, Waitomo, King Country, Hauraki and Thames/Coromandel areas. Our Field Officers run our Home-Visiting Programme and monthly support meetings for PWPs and their Carers. Parkinson's Waikato also supports medical research on Parkinson's through the New Zealand Human Brain Research Centre.			
Address	PO Box 1235 Waikato Mail Centre Hamilton 3240		
Phone	07 839 9038	Email	waikato@parkinsons.org.nz
Website	www.parkinsons.org.nz		
Contact	Contact Phone		Contact Email
Teresa McIntosh	07 839 9038		waikato@parkinsons.org.nz

Patients Rights Advocacy Waikato Inc			
Patients rights advocacy. Representation, claims, and complaints.			
Address	C/O Secretary 65 Tawa Street Hamilton 3206		
Phone	07 843 5837	Email	rens.dej@clear.net.nz
Website	www.prawi.sartorelli.gen.nz, www.benzo.org.uk/ppaw		
Contact	Contact Phone		Contact Email
Anna Petronella G de Jonge	07 843 5837		rens.dej@clear.net.nz

Ranworth Healthcare Ltd			
Address	419 Dey Street Hamilton East Hamilton 3216		
Phone	07 859 0153	Email	
Website			
Contact	Contact Phone		Contact Email
Sandra Thompson	07 856 0952		sandra.thompson@abanorehab.co.nz

Rostrevor House Inc Waikato Regional Office			
Health/Social Community Organisation.			
Address	PO Box 9451 Hamilton 2015		
Phone	07 834 1939	Email	rostrevorhouse@xtra.co.nz
		Website	www.rostrevorhouse.co.nz
Contact	Contact Phone	Contact Email	

Royal New Zealand Plunket Society			
Health/Social Community Organisation.			
Address	PO Box 9359 Hamilton 2015		
Phone	07 839 3982	Email	hamplunketadmin@plunket.org.nz
		Website	
Contact	Contact Phone	Contact Email	
Jenny Lee			

Seventh-Day Adventist Community Centre			
Located at 58 Palmerston Street, Hamilton. Large Hall: seating capacity 200 with large kitchen. Seminar Room: seating capacity 50 with tea making facilities. Small Room: seating capacity 20. 75 car parks. NO ALCOHOL OR SMOKING PERMITTED IN THE BUILDING. The Premises are not available for hire from Friday Evening to Sunday			
Address	PO Box 732 Hamilton 3240		
Phone		Email	
		Website	
Contact	Contact Phone	Contact Email	

Sexual Health Service			
Hamilton sexual health is a free-to-all and confidential specialist service. Phone 07 839 8732. Office hours are Monday to Friday 8am to 4:30 pm.			
Address	Private Bag 3200 Hamilton 2020		
Phone		Email	
		Website	
Contact	Contact Phone	Contact Email	

SF Waikato (Supporting Families in Mental Health)			
Supporting families in mental illness. Provides support, advocacy, education and information to families of the mentally ill.			
Address	28 Pembroke Street Hamilton Lake Hamilton 3204		
Phone		Email	office@sfgwaikato.org.nz
		Website	
Contact	Contact Phone	Contact Email	
Peter Nielson			

Shradda - Yogic Lifestyle Education Trust			
We teach a range of yoga classes in Hamilton to stretch body and mind. We also conduct havan, kirtan and workshop on a variety of topics.			
Address	60 B Regent Street Silverdale Hamilton 3216		
Phone	07 858 3445	Email	info@shraddha.org.nz
		Website	www.shraddha.org.nz
Contact	Contact Phone	Contact Email	

Samadhimurti	07 858 3445	
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SPELD Waikato

To assess and remediate those with dyslexia or other learning difficulties. 2nd floor, Community Services Building, Caro Street, Hamilton.

Address	PO Box 1110 Hamilton 2015				
Phone	07 834 3109	Email	lv.walker@xtra.co.nz	Website	www.speld.org.nz
Contact	Contact Phone		Contact Email		
Linda Walker	07 834 3109		lv.walker@xtra.co.nz		

Taiohi Toa Trust

Taiohi Toa Trust Incorporated (est.2000) aims to address the causes of youth offending through a variety of youth programmes and services. A partnership through the police and the community, Taiohi Toa is about strengthening youth, making a difference and getting results for our kids, for their families and for our community.

Address	Private Bag 3078 Hamilton 3216				
Phone		Email	lexlei.taylor@police.govt.nz	Website	
Contact	Contact Phone		Contact Email		
John Daunton	07 856 2084		yar@xtra.co.nz		

Te Awhina Blind Craft and Social Club

Social and craft for blind of Waikato.

Address	15 Liverpool Street Hamilton Central Hamilton 3204				
Phone	07 839 4530	Email	glenmb@i4free.co.nz	Website	
Contact	Contact Phone		Contact Email		
Glenys Briggs	07 843 0055, 027 273 1568		glenmb@i4free.co.nz		

Te Kohao Health Ltd

Health service provider.

Address	PO Box 7107 Hamilton 3247				
Phone	07 856 5479, N/A, 027 500 2440	Email	tureitim@tekohaohealth.co.nz	Website	N/A
Contact	Contact Phone		Contact Email		
Tureiti M	07 856 5479		tureitim@tekohaohealth.co.nz		

Te Whakaruruhau Maori Womens Refuge

Safe-housing for women and children living in violent relationships.

Address	PO Box 4062 Hamilton 2032				
Phone	07 855 1569	Email		Website	
Contact	Contact Phone		Contact Email		

The Order of St John

Pre-hospital emergency care, community support services, youth, education, first aid kit sales.

Address	C/O Property Private Bag 3215 Hamilton 3240				
Phone	07 846 9592	Email	property.central@stjohn.org.nz	Website	
Contact	Contact Phone		Contact Email		
Charmaine Anne Marais	07-345 5774, 07 846 9597, 027 447 7514		charmaine57@xtra.co.nz		

The Salvation Army Nawton Retirement Village			
Physical address: 57 Enfield Street, Nawton, Hamilton.			
Address	180 Grandview Road Nawton Hamilton 3200		
Phone	07 846 3321	Email	Website
Contact	Contact Phone	Contact Email	

Touch for Health Kinesiology			
Kinesiology is a system of healthcare that uses gentle but powerful techniques to improve vitality, wellbeing and energy. Anyone can learn the Touch for Health system for personal use or in the clinic situation.			
Address	201 King Street Cambridge 3434		
Phone		Email	Website www.touchforhealthnz.co.nz
Contact	Contact Phone	Contact Email	
Colleen Ryan	07 823 5054	colleen@prioritywellness.co.nz	

ToughLove Parent Support			
Support Groups for parents who are experiencing unacceptable behaviour from their children of all ages. We teach strategies for parents who want to live in a home where everyone cooperates in a loving environment. We meet at Hamilton East Community House (Waimarie), 53 Wellington Street, on Tuesdays 7.30-9.30 pm. No bookings necessary.			
Address	PO Box 12286 Chartwell Hamilton 3248		
Phone	07 856 5999	Email waikatopsg@gmail.com	Website www.toughlove.co.nz
Contact	Contact Phone	Contact Email	

Voice for Life			
Provide information and support to women in situations of unplanned pregnancy.			
Address	PO Box 189 Hamilton 2015		
Phone	07 849 1030	Email daveklinkhamer@xtra.co.nz	Website www.voiceforlife.org
Contact	Contact Phone	Contact Email	
Peter Anton Klinkhamer	07 849 1030, 07 823 6449	daveklinkhamer@xtra.co.nz	

Waikato Asthma and Respiratory Society			
Providing information and education for those who have asthma or respiratory disease and their families, whanau and health professionals.			
Address	PO Box 7013 Hamilton 2032		
Phone		Email waikato_asthma@xtra.co.nz	Website
Contact	Contact Phone	Contact Email	

Waikato Burn Support Charitable Trust			
Support and information for burn survivors and caregivers. Website: www.burnsupport.org.nz. E-Mail: secretary@burnsupport.org.nz			
Address	PO Box 5042 Hamilton 2031		
Phone		Email secretary@burnsupport.org.nz	Website www.burnsupport.org.nz
Contact	Contact Phone	Contact Email	
Vera Gunn			

Waikato Cadet Service Unit Education & Training Academy Inc			
Outdoor recreation/ survival/ life skills programmes. Residential youth day-based programme, holiday programme, women's and health programmes. Based on NZ cadet forces programmes, life skills, outdoor rec, etc.			
Address	64 Mardon Road Enderley Hamilton 3214		
Phone	07 854 7784	Email	Website
Contact	Contact Phone		Contact Email
Estate of Late KM Bunyan	022 052 8399		

Waikato District Health Board			
Address	PO Box 934 Waikato Mail Centre Hamilton 3240		
Phone	N/A, 07 839 8602, 021 473 897	Email	kevin.bardsley@waikatodhb.he alth.nz
Website	N/A		
Contact	Contact Phone		Contact Email

Waikato Family Centre Trust			
Providing free professional advice to mothers of crying babies, whatever the problem or query may be. We provide teenage mother groups and post natal distress groups.			
Address	Maureen Speedy 4 Radnor Street Hamilton Central Hamilton 3204		
Phone	07 834 2036	Email	wfct@xtra.co.nz
Website			
Contact	Contact Phone		Contact Email
Maureen Speedy	07 834 2036		wfct@xtra.co.nz

Waikato Hospital Child Development Centre			
Address	222 Pembroke Street Hamilton Lake Hamilton 3204		
Phone	07 839 8899	Email	Website
Contact	Contact Phone		Contact Email
Maureen Anderson	07 839 8709		andersom@waikatodhb.govt.nz

Waikato Institute For Leisure and Sport Studies			
Provides community education in sport, leisure and active living.			
Address	PO Box 46 Hamilton 2015		
Phone	07 839 9908	Email	wilss@wilss.ac.nz
Website	www.wilss.ac.nz		
Contact	Contact Phone		Contact Email

Waikato Provincial Rural Women New Zealand			
Provides a service for women and families in the rural areas. Branches in most rural areas.			
Address	C/O Margaret Brewerton 59 Fletcher Road R D 10 Hamilton		
Phone		Email	Website
Contact	Contact Phone		Contact Email
Margaret B Brewerton	(07) 846 1404		

Waikato Raupatu Lands Trust			
Private Tribal organisation.			
Address	Private Bag 542 NGARUAWAHIA 2171		
Phone	07 824 8689	Email	tainui@tainui.co.nz
		Website	www.tainui.co.nz
Contact		Contact Phone	Contact Email
Mereana Cooper		07 824 8689, 0800 tainui	mereanac@tainui.co.nz

Waimarie: Hamilton East Community House			
To promote, develop and provide services and programmes that enhance personal and community wellbeing, empowerment and positive change			
Address	53 Wellington Street Hamilton East Hamilton 3216		
Phone	07 858 3453, 07 858 3453	Email	waimarieham@xtra.co.nz
		Website	http://waimarieham.wainet.org
Contact		Contact Phone	Contact Email
Jane Heather Landman		07 856 7045, 07 858 3453, 021 383 0147	

Webhealth Linkage			
We provide a free community service which links people to health and social services. We do this in person, over the phone, and on www.webhealth.co.nz			
Address	129 Tristram Street Hamilton Central Hamilton 3204		
Phone	07 839 2828, 0800 WEBHEALTH	Email	linkage@linkage.co.nz
		Website	www.webhealth.co.nz
Contact		Contact Phone	Contact Email

Wholeness Trust			
World digest of Christian healing distributed free anywhere.			
Address	PO Box 16099 Hamilton 2030		
Phone	07 843 4008	Email	ronamm@wave.co.nz
		Website	
Contact		Contact Phone	Contact Email
Ron Ammundsen		07 843 4008	ronamm@wave.co.nz

Zipper Cardiac Support Club (NZ) Inc			
Helping cardiac patients who have, or are to have, cardiac surgery through either the Waikato Hospital or Braemar Private Hospital. Patients can come from throughout the Waikato, Thames Valley, Bay of Plenty, Rotorua, King Country, Taranaki or Poverty Bay areas. Trained visitors from the Club visit the Hospitals and offer help, support and encouragement to patients undergoing open heart surgery, as well as their caregivers and families. We do not give medical advice, but offer comfort and support from those who have been through the experience.			
Address	C/O Gae Young 22 Glenview Terrace Hamilton		
Phone		Email	
		Website	
Contact		Contact Phone	Contact Email
Gae Maria Young		07 843 4016	

Number of records: 104