

Clubs & Organisations Register - Martial Arts

Aiki Jutsu Aikido Hamilton

One of Japan's youngest Martial Arts, that originated from the oldest of the training arts of the Samurai. We also teach in a safe caring professional environment: armed Martial Arts techniques (weapons, i.e., the sword, staff and dagger) and also the unarmed system of Aiki Jutsu. Aikido also translates to mean "The way of harmony of the spirit". Ai = Harmony, Ki = spirit (energy), Do = the way, the path. Call us today for a free introductory session. We teach teenagers to adults [special conditions may apply]. Classes at 9 Pembroke Street Hamilton (Next to Place Makers Yard)

Address	9 Pembroke Street Hamilton Lake Hamilton 3204		
Phone	021 058 2064	Email	gregwaters.aikido@xtra.co.nz
		Website	www.aikidohamilton.com
Contact	Contact Phone		Contact Email
Greg Waters	021 058 2064		gregwaters.aikido@xtra.co.nz

Aikido Musubi Ryu

Aikido is a relatively modern Japanese martial art. The techniques of aikido involve joint locks, throws and pins with the emphasis being on breaking an opponent's balance, bringing them to the ground in a controlled manner. Along with the physical aspects of the art, a strong moral and ethical code of conduct is taught. Classes held behind Waikato Stadium. Entrance corner of Richmond & Willoughby Streets, Hamilton.

Address	Hamilton Old Boys RFC Cnr Richmond & Willoughby Streets Hamilton		
Phone	07 825 7574	Email	musubiryu@gmail.com
		Website	www.aikidomusubiryu.nz
Contact	Contact Phone		Contact Email
Clyde Sutton	07 825 7574		musubiryu@gmail.com

Arum Aikido Club

Japanese Martial Art Club

Address	43 King Street Frankton Hamilton 3204		
Phone	0212 102 712	Email	shayne2512@hotmail.com
		Website	
Contact	Contact Phone		Contact Email

Balintawak (Philippine Martial Arts)

Philippino stick fighting.

Address	30 Duck Road Te Kowhai R D 8 Hamilton		
Phone		Email	
		Website	
Contact	Contact Phone		Contact Email
John Wheaton	(07) 829 7909, (025) 972 674		victech@coincascade.co.nz

Capoeira Pasifika Inc Hamilton

Capoeira is a fighting art and a dynamic performing art. It is a vigorous sport and casual recreation. It is an art of powerful African-Brazilian percussion and song. Capoeira mixes fight and play, co-operation and confrontation, gymnastics and theatrics, malice and playful taunting, percussion and song into a dynamic cultural expression. Regular classes and beginners' courses held regularly in Hamilton.

Address	PO Box 5473 Hamilton 3242		
Phone	07 859 3403	Email	capoeira_feiticeiro@hotmail.com
		Website	www.capoeira.org.nz
Contact	Contact Phone		Contact Email
Josh Moreland	021 169 2590		

Davies Karate New Zealand

We are proud to be New Zealand's Premiere Martial Arts training centre for children, teens, and adults. We offer unique life changing programmes: Tiny Kiwi's (3-4yrs) Lil' Dragonz (5-7yrs) Ranger (8-12yrs) Teen Eagles (13-17yrs) Adult Programmes (18+). Contact Duayne or Penita Davies.

Address	67/69 Cameron Road Hamilton East Hamilton 3216		
Phone	07 856 1007, 07 856 1007	Email	davieskarate@xtra.co.nz
Website	www.davieskarate.com		
Contact	Contact Phone		Contact Email
Duayne Davies	07 856 1007		davieskarate@xtra.co.nz

den Valknut Mercenaries - Norse / Viking re-enactment group

Want to learn to use a sword or other weapon? Come to our training sessions. You will need to wear clothes suitable for sports and sneakers are fine. Remember to bring a water bottle. We hold our training on Saturday morning, starting at 10am.

We train at the Hamilton Garden's Cemetery, (Hungerford Cres).

Turn off Cobham Drive into gate 1, at the Galloway St/Cobham Drive roundabout and veer left toward the cemetery. Our training area is near the end of the road.

Address	PO Box 9159 Hamilton 3240		
Phone	027 636 0085	Email	denvalknut@yahoo.co.nz
Website			
Contact	Contact Phone		Contact Email
Darrie Hicks	027 636 0085		denvalknut@yahoo.co.nz

Fighting Fit Boxing

Fighting Fit Boxing is a non for profit boxing club. If you are committed and are looking for a sport that will challenge you physically and mentally - then contact us! We are on the look out for committed individuals who are looking to get in the ring! Boxing is excellent cardio training with a focus on core strength. If you can make the commitment - we can take you to the next step

Address	90 B Commerce Street Frankton Hamilton 3204		
Phone	021 737597	Email	info@fightingfitboxing.co.nz
Website			
Contact	Contact Phone		Contact Email

Hamilton Bugeikan Karate Club

We are a self defence oriented Karate club - ideal for people not interested in the sport or competition aspects of martial arts. Top quality martial arts in a very friendly and relaxed atmosphere.

Address	C/O 116 Saxbys Road Deanwell Hamilton 3206		
Phone		Email	
Website	www.bugeikan.com		
Contact	Contact Phone		Contact Email
Guss Wilkinson	07 843 9083		guss@bugeikan.com

Hamilton Hawks Olympic Freestyle Wrestling Club

Address	41 Boundary Road Claudelands Hamilton 3214		
Phone		Email	
Website	www.olympicwrestling.org.nz		
Contact	Contact Phone		Contact Email
Marlene Linda Pouri-Lane	07 854 8949		mpourilane@xtra.co.nz

Hamilton School of European Martial Arts

The Hamilton School of European Martial Arts is dedicated to reviving and teaching the many rich martial arts of Europe. These arts are practical, fun, stimulating exercise for body and mind, and develop self-confidence and fitness. The Hamilton School specialises in teaching the traditions from Germany in the 14th and 15th centuries, including wrestling, sword and buckler (small shield) and longsword. We offer beginners classes and weekly workshops for most of the year. Guests and newcomers are always welcome.

Address	5 Sutton Crescent Hillcrest Hamilton 3216		
Phone		Email	hamilton@swordmanship.co.nz
		Website	www.swordmanship.co.nz
Contact	Contact Phone		Contact Email
Phillip Shorter	021 050 2363		pjs17@waikato.ac.nz

Hamilton Takamura ha Shindo Yoshin Ryu (TSYR)

Takamura-ha Shindo Yoshin-ryu (TSYR) is a classical martial art arising from the Samurai. TSYR promotes body awareness and good posture along with improved muscle tone, agility, balance, flexibility and mental focus.

Address	30 Old Farm Road Hamilton East Hamilton 3216		
Phone		Email	
		Website	tsyrnz.wordpress.com
Contact	Contact Phone		Contact Email
Chris McMahon	021 079 5110		mcmahonc@xtra.co.nz

Hamilton Wado-kai Karate Club

We are a traditional karate club that teaches wado ryn style of karate. We are affiliated to the National Body - Karate New Zealand and the J.K.F. Wado-kai in Japan. All new members welcome.

Address	PO Box 20194 Hamilton 2035		
Phone	07 850 9390	Email	bushidonz@xtra.co.nz
		Website	www.wadokai.co.nz
Contact	Contact Phone		Contact Email
Robbie Smith	07 850 9390, 021 365 674		nzkwrobbie@xtra.co.nz

Henkada Judo Club Inc

Classes held at the corner of Willoughby & Richmond Streets, Hamilton (down driveway by Hamilton Old Boys RFC). Sport judo club with classes for children and adults. Member of Judo NZ.

Address	C/O 3 Oak Street MORRINSVILLE 2251		
Phone	027 375 8744	Email	aberstol@xtra.co.nz
		Website	www.henkadajudo.blogspot.com
Contact	Contact Phone		Contact Email
Derek Maggs	07 847 5536		derek@rnl.co.nz

ITFNZ Taekwon-Do Hamilton

Classes held at Maeroa Intermediate School Gym, Churchill Avenue, Maeroa. Mondays and Thursdays 6pm-8pm. Training in the original ITF Taekwon-Do as founded by General Choi Hong Hi. ITFNZ has more than 50 clubs throughout NZ, and is affiliated to the International Taekwon-Do Federation. The Hamilton Club welcomes beginners of all ages and genders. Family group and student fee discounts apply.

Address	C/O 653 A Ngaruawahia Road RD 8 Hamilton 3288		
Phone		Email	
		Website	www.itfnz.org.nz
Contact	Contact Phone		Contact Email
Grant Eccles	07 829 7800		geccles@clear.net.nz

Kenpo for Kids

A martial arts programme specially developed for kids and young adults. 2 classes every Thursday 5:30 - 6:30 pm for 5-10 year olds. 6:40 - 7:40 pm for 10-15 year olds. Then can progress into an adult class.

Address	24 Banbury Crescent Fairfield Hamilton 3214		
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Phone		Email	vicki.james@clear.net.nz	Website	www.kenpo4kids.com
Contact		Contact Phone		Contact Email	
	James Rodriguez		(07) 855 6253, 021 725 362		vicki.james@clear.net.nz

Kobukan School of Martial Arts					
Karate Kobudo Submission Grappling					
Address	17 Esmae Place Dinsdale Hamilton 3204				
Phone	07 847 2586	Email	kobukan.martialarts@gmail.com	Website	www.kobukan.org.nz
Contact		Contact Phone		Contact Email	
	Philip David Beale		07 8541117		

M A K Kyokushin					
Where families and individuals, will learn to train hard and train with spirit. Its a way of learning discipline in a fun environment and its a way of finding out, that opportunities are out there. So come on, come along. Whatever your age, this Dojo has something for all. Take up the challenge!					
Address	43 Pine Avenue Melville Hamilton 3206				
Phone	021 1596952	Email	mak.dojo@ihug.co.nz	Website	
Contact		Contact Phone		Contact Email	
	Kapi Peita		021 1596952		

Metro Judo Club					
A judo club which provides a great sport for ages 4 to ancient, both male and female!					
Address	C/O T W & D J Steenson 24 Endeavour Avenue Flagstaff Hamilton 3210				
Phone	07 854 0406, (07) 834 2300, 0274 199 461	Email	t.steenson@xtra.co.nz	Website	
Contact		Contact Phone		Contact Email	
	Terry Steenson		07 854 0406, 021 859 333		t.steenson@xtra.co.nz

Nam Wah Pai Kung Fu Hamilton					
Classes held at Hamilton Girls High School Gym, Hill Street, Hamilton Central.. Established in NZ for over 25 years, training Monday and Wednesday evenings from 6pm. Nam Wah Pai Kung Fu and Tai Chi incorporates both internal and external styles. Kung Fu for self-defence and fitness and Tai Chi for health and well-being. Enjoy the experienced instructors and friendly atmosphere. Inquire at class or call Nigel McDonald.					
Address	C/O Nigel McDonald 25 Mount View Road Melville Hamilton 3206				
Phone	+6422503 1416, 027 816 5369	Email	pewart@fulbrightmail.org	Website	www.sporty.co.nz/namwahpai
Contact		Contact Phone		Contact Email	
	Nigel McDonald		027 816 5369		

New Zealand Tai Chi Association					
Leisure group meeting to practice the preventative health and relaxing benefits of this rich ancient art form of meditation and exercise. Regular weekly group & individual classes.					
Address	1 Hunter Street Hamilton				
Phone	022 619 8689	Email	taichi9000@yahoo.co.nz	Website	
Contact		Contact Phone		Contact Email	
	Austin Pattison				

Okinawa Ryu Karate Do Shuri Te Seibukan NZ					
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The Okinawa Ryu Karate Do Shuri Te Seibukan Association of New Zealand. Instruction in classical Okinawan Karate Do, training two nights a week at the "Whitikahu Hall." We are directly affiliated with Garry O'Connor Hanshi Kudan principal Instructor and examiner for Oceania. "New Members Welcome."

Address	241 Tenfoot Road RD 1 Taupiri 3792		
Phone	07 8244 802, 027 419 1036	Email	louiseiansargent@farmside.co.nz
		Website	www.sportsground.co.nz/okinawanhamilton
Contact	Contact Phone		Contact Email
Ian Sargent	07 8244 802, 027 419 1036		louiseiansargent@farmside.co.nz

Ryoku-Kara-Kuntou Karate Do

Classes held Mondays 6.15pm to 8.30pm at 22 Richmond Street, Whitiora, Hamilton.

Address	C/O Ross Bredesen 3 Puriri Street Hamilton 3200		
Phone		Email	
		Website	www.rkk.co.nz
Contact	Contact Phone		Contact Email
Ross Bredesen	027 212 4500		ross@rkk.co.nz

Shinjo-Kai Karatedo

Okinawan Goju karate. This is a very family orientated club. Childrens classes, 5-14years, 6-7pm Mon & Thurs. Adult classes 15 up, 7-8pm Mon & Thurs. Everyone welcome, no pre-requisite level of fitness required. Come and try a couple of classes, talk to the other students, meet the instructors. Classes held at the community hall Clarkin Road Hamilton

Address	8 Shelley Court Enderley Hamilton 3214		
Phone		Email	shinjokai@hotmail.com
		Website	
Contact	Contact Phone		Contact Email
Warren Smith	021 166 2402		moetu1@hotmail.com

Taoist Tai Chi

Classes held at Celebrating Age Centre, 30 Victoria Street, Hamilton. We focus on Health & Wellbeing. We commence each year with a 6 week Introductory class.

Address	31A Sandwich Road Saint Andrews Hamilton 3200		
Phone	07 849 4444	Email	hamilton.nz@taoist.org
		Website	
Contact	Contact Phone		Contact Email
Doug Downs			

Traditional School of Okinawan Martial Arts

The Traditional School of Okinawan Martial Arts. We have lessons twice a week and adhere to strict traditional protocol and Karate Do. Genuine inquiries are most welcome.

Address	19 Peachgrove Road Fairfield Hamilton 3214		
Phone	027 207 0992	Email	stevenhawkins@xtra.co.nz
		Website	
Contact	Contact Phone		Contact Email
Kyoshi Sensei Hawkins	027 207 0992		stevenhawkins@xtra.co.nz

Ultimate Kickboxing

Classes held at Waikato University Gate 4, Hillcrest Road, Hamilton. Kickboxing classes to suit all levels from beginners to fighters.

Address	160 Nixon Street Hamilton East Hamilton 3216		
Phone		Email	
		Website	www.ultimatekickboxing.co.nz
Contact	Contact Phone		Contact Email

Sandra Irene Blair	07 856 1231	goldenboyaaron@hotmail.com
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Waikato Armoured Combat		
Full Contact, Medieval Armoured Combat Sport		
Address	20 Grey Street Hamilton East Hamilton 3216	
Phone	022 3631 269	Email waikatoarmouredcombat@gmail.com
Contact	Contact Phone	Contact Email
Sarah Pitcaithly	07 856 1308, 022 363 1269	waikatoarmouredcombat@gmail.com

Waikato Central Kyokushin Karate Dojo		
Kyokushin karate, "the strong karate", taught in a family friendly environment. We are proud to be one of Hamilton's leading martial arts clubs for children (5 yrs up), young adults and adults. Kyokushin training for competition, tournaments, self-defence or for personal fitness. Very affordable family rates. Children especially welcome. Training classes held: Mon & Thurs 6-7:30pm at Matangi Community Hall in MATANGI and on Tues 6-7:30pm at Glenview Community Centre in HAMILTON		
Address	19 Pamela Place Deanwell Hamilton 3206	
Phone	07 843 2803, 021 057 6984	Email baltikconsultants@xtra.co.nz
Contact	Contact Phone	Contact Email
Sensei Tahi Parata	07 843 2803, 021 057 6984	

Waikato Institute For Leisure and Sport Studies		
Provides community education in sport, leisure and active living.		
Address	PO Box 46 Hamilton 2015	
Phone	07 839 9908	Email wilss@wilss.ac.nz
Contact	Contact Phone	Contact Email

Waikato Kendo Club		
Waikato Kendo Club is a non-profit organisation established by Sam Tsai and Marleen Charng in March 1999 as the fifth All New Zealand Kendo Federation (NZKF) affiliated club. Kendo literally means "the way or the sword" and is a traditional Japanese martial art with an ancient history based in the culture of the Samurai warrior. The concept of Kendo is to discipline the human character through the application of the principals of the Katana (sword). Promoting friendship through Kendo and enhancing members' physical and mental well-being are Club's basic philosophy. Beginners are always welcome.		
Address	PO Box 4329 Hamilton 2032	
Phone	07 856 1488	Email waikatokendo@gmail.com
Contact	Contact Phone	Contact Email
Sam Tsai	07 856 1488	sam@waikatokendo.org.nz

Waikato Norse		
Address	164 Tramway Road Chartwell Hamilton 3210	
Phone	07 855 8922	Email letrisar@slingshot.co.nz
Contact	Contact Phone	Contact Email
Kenneth Just	07 855 7119, 021 029 05613	letrisar@yahoo.com

Waikato Tai Chi Academy		
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Classes held at: YWCA Hall, Pembroke Street; 955 Heaphy Terrace, Fairfield; Western Community Centre, Hyde Ave, Nawton; Celebrating Age Centre, 30 Victoria Street; Melville Hall, Ohaupo Road/Normandy Avenue. Tai Chi for Health, fitness and relaxation and Modified Tai Chi for Older Adults.

Address	C/O Elizabeth Barker 5 Somme Crescent Hamilton 3216				
Phone	07 856 3778	Email		Website	
Contact	Contact Phone		Contact Email		
Maureen Josephine Leong	07 843 6219		moleong@xtra.co.nz		

Waikato Thai Kickboxing

WTK is based in Hamilton New Zealand. The club trains in Knighton Normal School Hall, Knighton Road, Hillcrest. WTK trains in Muay Thai, also commonly known as Thai Boxing, which includes punching, kicking and full use of knees and elbows. Muay Thai can be learnt for fitness, self-defence, discipline or sport. The Club welcomes people, male and female, of all levels of experience from beginner upwards. We have to set a minimum age of 13 years old, but there is no upper age limit! WTK provides an atmosphere where members can train at their own pace in a safe and friendly environment. We are here to help everyone achieve their goal.

Address	39 A Anglesea Street Hamilton 3204				
Phone	07 838 1966	Email	waikato@yahoo.co.nz	Website	www.wtk.co.nz/home.html
Contact	Contact Phone		Contact Email		
Master Tan	07 838 1966		waikato@yahoo.co.nz		

Number of records: 34