

Clubs & Organisations Register - Support Groups

Advocacy Network Services Trust (ADNET)					
Address	PO Box 1256 Hamilton 2015				
Phone		Email		Website	
Contact	Contact Phone		Contact Email		

Age Concern Hamilton Inc					
Working together to promote quality of life for older people. Celebrating Age Centre, 30 Victoria Street.					
Address	C/O Celebrating Age Centre 30 Victoria Street Hamilton 3204				
Phone	07 838 2266	Email	postmaster@ageconcern.gen.nz ; brent@ageconcern.gen.nz	Website	www.ageconcern.gen.nz
Contact	Contact Phone		Contact Email		

Agender Waikato					
support group for Transgendered people and partners or friends					
Address	10A Anthony Crescent Bader Hamilton 3206				
Phone	07 843 1468	Email		Website	www.agenderwaikato.co.nz
Contact	Contact Phone		Contact Email		
Cindy Lewis	07 843 1468		cindy_nznz@yahoo.co.nz		

Al-Anon					
Al-Anon is a 12 step programme for family and friends of alcoholics. MEETING TIMES: There are two meetings a week for Al-Anon in Hamilton. The first is Tuesday nights, 7:30-9 pm at YWCA, Clarence Street, Hamilton. The second is Friday nights, 7:30-8:30 pm, St Clare's Church, 97 Tuhikaramea Road, West Hamilton.					
Address	C/O P O Box 1011 Hamilton 2015				
Phone		Email	nz-al-anon-gso@xtra.co.nz	Website	www.al-anon.org.nz
Contact	Contact Phone		Contact Email		
Al-Anon GSO	0508 425 2666		nz-al-anon-gso@xtra.co.nz		

Alcohol & Drug Community Support Trust					
Alcohol and drug supportive accomodation.					
Address	PO Box 9136 Waikato Mail Centre Hamilton 3240				
Phone	0274 733 777, 07 834 2428	Email	manning_street@xtra.co.nz	Website	
Contact	Contact Phone		Contact Email		
Janet Hankon					

Alzheimers Waikato			
To make life easier and to provide information, support, advocacy, education and support groups to people affected by alzheimers and other dementia.			
Address	PO Box 5720 Hamilton 3242		
Phone	07 929 4042, 0800 004 001	Email	waikato@alzheimers.org.nz
		Website	www.alzwaikato.org.nz
Contact	Contact Phone	Contact Email	
Jane Kay	07 929 4042		

Amiga Users Group (Waikato)			
Amiga computer support.			
Address	C/O Bryan Beecher 4 Pamela Place Hamilton		
Phone	07 843 7753	Email	admin@wehost.co.nz
		Website	www.amiga.wehost.co.nz
Contact	Contact Phone	Contact Email	
Bryan Leonard Beecher	07 843 7753		

Anglican Action			
Address	PO Box 13117 Hillcrest Hamilton 3251		
Phone	07 929 4803, 07 929 4862, 022 043 3690	Email	ken@anglicanaction.org.nz
		Website	N/A
Contact	Contact Phone	Contact Email	
Karen Sandra Morrison-Hume	07 856 5820	info@anglicanaction.org.nz	

Anglican Diocese of Waikato			
Administration support - Anglican			
Address	PO Box 21 Hamilton 2015		
Phone	07 838 2309	Email	anglicanadmin@hn-ang.org.nz
		Website	www.waikato.anglican.org.nz
Contact	Contact Phone	Contact Email	
Judy Entwisle	(07) 856 2999, (07) 838 2309	anglicanadmin@hn-ang.org.nz	

Arthritis New Zealand (Waikato Service Centre)			
Located at 750 Victoria Street, Hamilton. We are a Not for Profit Organisation. I am the Arthritis Educator for Arthritis New Zealand covering the Waikato Area. My role is to run free Arthritis Clinics.			
Address	PO Box 74581 Greenlane Auckland 1546		
Phone	07 839 3219, 07 839 1209, 0212545168	Email	charlotte.tohi@arthritis.org.nz
		Website	www.arthritis.org.nz
Contact	Contact Phone	Contact Email	
Linda White	07 839 3219	linda.white@arthritis.org.nz	

Ashurst Park Playcentre			
Ashurst Park Playcentre is for birth - school age. It is on the grounds of Te Rapa School and is the nearest Playcentre to The Base. Check out the website for session times.			
Address	61 Ashurst Road Hamilton		
Phone	027 285 3330, 027 285 3330	Email	office@waikatoplaycentre.org.nz
		Website	www.playcentre.org.nz
Contact	Contact Phone	Contact Email	
Lorna Goodin	07 8471739		

Asian Services - Problem Gambling Foundation			
Location 270 Victoria Street, Hamilton. The Problem Gambling Foundation (PGF) is committed to minimising the harm caused by gambling. Asian services are available in English, Mandarin, Cantonese, and Korean languages, to provide support to Asian people affected by gambling.			
Address	PO Box 19273 Hamilton 2030		
Phone	07 839 7586	Email	wendy.li@pgfnz.co.nz
		Website	www.pgfnz.co.nz
Contact	Contact Phone		Contact Email
Wen Li	07 839 7586		wendy.li@pgfnz.co.nz

Aspire - Community Support			
Physical Address: 103 Tawa Street, Melville, Hamilton			
Residential and supported living options for people with an intellectual disability.			
Address	PO Box 4083 Hamilton East Hamilton 3247		
Phone	07 839 0183, N/A, 021 800 750	Email	reception@aspire.org.nz
		Website	www.aspire.org.nz
Contact	Contact Phone		Contact Email
Aspire - Community Support	07 839 0183, N/A, 021 800 750		reception@aspire.org.nz

Association of Administrative Professionals NZ Inc			
To encourage personal and professional administrative excellence within a global network.			
Address	PO Box 1424 Hamilton		
Phone		Email	
		Website	www.aapnz.org.nz
Contact	Contact Phone		Contact Email
Lynley Semenoff	07 856 0679		lsemenoff@lic.co.nz

Autism New Zealand Inc. (Waikato Branch)			
information and support services for families / caregivers dealing with an Autism Spectrum Disorder			
Address	PO Box 406 Waikato Mail Centre Hamilton 3204		
Phone	07 849 2896	Email	centralhub@autismnz.org.nz
		Website	www.autismnz.org.nz
Contact	Contact Phone		Contact Email

Birthright (Waikato)			
Sole parent support group.			
Address	PO Box 1052 Hamilton 2015		
Phone	07 838 0572	Email	bwaikato@ihug.co.nz
		Website	
Contact	Contact Phone		Contact Email

Breast Cancer Support Services			
To support patients who are suffering the stress and trauma of breast cancer.			
Address	C/O Beryl Blewett 3/3 Turnbull Court Hamilton		
Phone	07 854 3969	Email	
		Website	
Contact	Contact Phone		Contact Email
Beryl Mary Blewett			

CanTeen - Waikato, Bay of Plenty, East Cape

CanTeen provides a national peer support network for young people aged 13-24 living with cancer. CanTeen provides high quality educational and recreational programmes at a local level as well as at a national level.

Address	PO Box 19448 Hamilton 2030				
Phone	07 839 1130	Email	waikato@canteen.org.nz	Website	
Contact	Contact Phone		Contact Email		
Sandra Schimanski	07 839 1130		waikato@canteen.org.nz		

CARE Services Trust

Support for families of children with special needs.
Cnr Fairfield Road & Anson Avenue, Hamilton.

Address	PO Box 12066 Chartwell Hamilton 3248				
Phone	07 854 8984	Email	careservices@xtra.co.nz	Website	
Contact	Contact Phone		Contact Email		
Janine McMillan	07 854 8984		careservices@xtra.co.nz		

Catholic Family Support Services

Home based support services for families.

Address	100 Morrinsville Road Hillcrest Hamilton 3216				
Phone	07 856 3760	Email	cfssweb@hyper.net.nz	Website	www.cfss.org.nz
Contact	Contact Phone		Contact Email		
Carole Fleming					

Celebrating Age Centre

Providing and encouraging a range of services and activities for older people. A variety of rooms available for hire. Cafe open 9am to 2pm, all welcome.

Address	30 Victoria Street Hamilton				
Phone	0800 77 23 23	Email	Booking.CommunityFacilities@hcc.govt.nz	Website	hamilton.govt.nz/communityfacilities
Contact	Contact Phone		Contact Email		

Chapel Hill Community Church

Located at Cnr Cate and Rototuna Rds Hamilton. John Buchanan Senior Pastor

Address	PO Box 12310 Chartwell Square Hamilton 3248				
Phone	07 854 1299	Email	admin@chapelhill.org.nz	Website	www.chapelhill.org.nz
Contact	Contact Phone		Contact Email		
John Buchanan	07 854 1299				

Child Cancer Foundation Inc

Providing support and resources to families with children who have cancer.

Address	PO Box 9503 Hamilton 2015				
Phone	0800 4 CHILD	Email	chair.wkto@childcancer.co.nz	Website	www.childcancer.co.nz
Contact	Contact Phone		Contact Email		
Louise Dobson					

Choices Healthy Lifestyle Group			
Choices is an Acion Activity Support Group, which is open to anyone wanting to look at ways of improving their health.			
Address	PO Box 1388 Hamilton 2015		
Phone	07 839 3917	Email	choices@hmss.org.nz
Website			
Contact	Contact Phone		Contact Email
Louisa Talbot	07 839 3917, 025 629 7433		xxxaquaxx@myway.com

Conductive Education (Early Intervention 0 - 6 years)			
Licenced, chartered early intervention centre for children with motor disorders. Located at the corner of Fairfield Road & Anson Avenue.			
Address	PO Box 12066 Chartwell Hamilton 3248		
Phone	07 855 7013	Email	cewaikato@xtra.co.nz
Website	www.cewaikato.org.nz		
Contact	Contact Phone		Contact Email
Sharon Harris	07 855 7013		cewaikato@xtra.co.nz

Dawn Shakers Toastmasters			
Toastmasters is the best self-discovery program in the world, become a confident public speaker and strong leader. We meet every Tuesday (except after long weekends) at 7.00am to 8.25am.			
Address	C/O Fastlane Fitness 800 Victoria Street Hamilton		
Phone		Email	
Website			
Contact	Contact Phone		Contact Email
Graeme Smylie	0800 219 375		graemesmylie@gmail.com

Deaf Aotearoa NZ			
Address	PO Box 19330 Hamilton 3244		
Phone	07 856 2064	Email	susitina.cook@deaf.org.nz
Website	www.deaf.org.nz		
Contact	Contact Phone		Contact Email
Maliah Edwardson	07 856 2064		maliah.edwardson@deaf.org.nz

Deanwell Playcentre			
Deanwell Playcentre is for birth to school age and is situated on the grounds of Deanwell school. Check the website for session times and days.			
Address	Deanwell Avenue Hamilton		
Phone	07 843 4561	Email	
Website			
Contact	Contact Phone		Contact Email
Lorna Goodin	07 8471739		

Deanwell Slimming Club			
Slimming, weigh-in, support. Physical address: Deanwell Primary School.			
Address	C/O 20 Resthill Crescent Hamilton		
Phone	07 843 7854	Email	
Website			
Contact	Contact Phone		Contact Email
Janice Verner Cleland	07 843 7854, 07 843 7858, 021 843 709		janice.cleland@xtra.co.nz

Depressive Disorders Support Group (Waikato) Inc			
Peer support group offering support, education for people and their families coping with depression. Centre 401, 306 Tristram House, Tristram Street, Hamilton.			
Address	PO Box 1183 Hamilton 3240		
Phone	07 838 0199, 07 838 0199	Email	info@ddsg.org.nz
		Website	www.ddsg.org.nz
Contact	Contact Phone	Contact Email	

Desert Spring Ministries Trust			
Social service agency providing services to the east side of the Hamilton City Waikato River.			
Address	PO Box 14048 Hamilton 2015		
Phone	07 855 2728	Email	desert.spring@xtra.co.nz
		Website	www.freewebs.com/desertspringministries/
Contact	Contact Phone	Contact Email	
John Baker			

Destiny Church Hamilton			
Located at 5/550 Te Rapa Road (off Euclid Ave) or behind Washworld, Te Rapa			
Address	5/550 Te Rapa Road Te Rapa Hamilton 3200		
Phone	07 850 1465, 0212652495	Email	rewa@destinyhamilton.org.nz; admin@destinyhamilton.org.nz
		Website	www.destinychurch.org.nz
Contact	Contact Phone	Contact Email	
Pastor John Ferris	07 850 1467		

Diabetes Waikato Inc			
Helping people with diabetes lead full and active lives. Office inside pharmacy, 547 Grey Street, Hamilton East. Office Hours: Monday, Wednesday & Friday 11.00 to 1.30.			
Address	PO Box 4086 Hamilton 2032		
Phone		Email	diabetesw@xtra.co.nz
		Website	
Contact	Contact Phone	Contact Email	
Tinka Mushett	07 838 0127	diabetesw@xtra.co.nz	

Dinsdale Playcentre			
Dinsdale Playcentre is for birth - school age children. It is situated off Rifle Range road near the Lincoln Street end. Check out the website for session days and times			
Address	43 Frederick Drive Dinsdale Hamilton 3204		
Phone	07 846 6547	Email	office@waikatoplaycentre.org.nz
		Website	www.playcentre.org.nz
Contact	Contact Phone	Contact Email	
Lorna Goodin	07 8471739		

Disabled Persons Assembly (Waikato)			
Address	C/O John Adams 13A Portree Place Hamilton		
Phone	07 847 5955	Email	carandrod@clear.net.nz
		Website	
Contact	Contact Phone	Contact Email	

John McIntosh	jmcintosh@life.nzl.org
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Down Syndrome Association Waikato			
Address	35 Taitua Road RD 9 Hamilton 2021		
Phone	07 846 7223	Email	hamilton@stihlshop.co.nz
Website			
Contact	Contact Phone		Contact Email
Zephne Morgan	07 846 7223, 07 856 9618		

East Hamilton Probus			
Social gathering of ex professional and business people.			
Address	C/O Murray White 62 A Sunnyhills Avenue Hamilton		
Phone	07 843 1904	Email	
Website			
Contact	Contact Phone		Contact Email
Murray White	07 843 1904		

Eldernet			
Nationwide on-line database directory of services for older people. Includes a map function showing the locality of many services.			
Address	C/O 286 Keyes Road CHRISTCHURCH 8007		
Phone	03 3881 204	Email	team@eldernet.co.nz
Website	www.eldernet.co.nz		
Contact	Contact Phone		Contact Email
Eleanor Bodger	(025) 208 7786		

Endometriosis Waikato			
Endometriosis Waikato is a community organisation empowering the 20% of women and teenage girls affected by this significant condition. We provide community support, information and education, and raise awareness in the wider community. Please see www.endometriosiswaikato.org.nz for more information			
Address	C/O 36 McNicol Street Hamilton 3214		
Phone	07 855 3851	Email	endo@hnpl.net
Website	www.endometriosiswaikato.org.nz		
Contact	Contact Phone		Contact Email
Annette L Evans	07 855 3851		endo@hnpl.net

Epilepsy New Zealand (National Office)			
Support and education of people living with epilepsy and the wider community.			
Address	PO Box 1074 Hamilton 2015		
Phone		Email	
Website			
Contact	Contact Phone		Contact Email

Epilepsy NZ (Waikato)			
Support, education and advocacy for people living with epilepsy, their whanau/family and the wider community.			
Address	PO Box 683 Hamilton 2015		
Phone		Email	epilepsy.wkto@xtra.co.nz
Website			
Contact	Contact Phone		Contact Email

Joanne Hapi	07 838 1433	epilepsy.wkto@xtra.co.nz
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Ex-Royal Navalmen's Assn of N Z Inc (Nat Council)		
Address	C/O Lt Cdr J M Luttrell 34 B Claude Street Hamilton	
Phone	07 855 3862	Email jan.luttrell@inspire.net.nz
Website		
Contact	Contact Phone	Contact Email
Jan Luttrell	07 855 3862	jan.luttrell@inspire.net.nz

Family Education Network		
To strengthen families. Provides educational material to schools and youth agencies to aid value based programmes.		
Address	PO Box 5183 Hamilton	
Phone		Email
Website		
Contact	Contact Phone	Contact Email
Tony McKenna	07 846 0009	tony@financeshop.co.nz

Family Start		
Address	100 Morrinsville Road Hillcrest Hamilton 3216	
Phone	07 857 0027	Email
Website	www.family-start.org.nz	
Contact	Contact Phone	Contact Email
Manujon Pemerika		manujonp@family-start.org.nz

Fertility Support Waikato		
Fertility Support Waikato. One of the greatest ways to deal with infertility is to talk about it. This is not always easy or comfortable. At some point dealing with your fertility issues you may experience a state of crisis. This crisis in turn may lead to isolation and despair. This may place a strain on you, and your relationships. You may also feel alone and have no-one to talk to. Fertility Support Waikato can help provide you with support, understanding, information, resources, networking, and regular meetings.		
Address	C/O Samantha Fairweather 64 Clare Street CAMBRIDGE 2351	
Phone	07 823 3413	Email sfairweather@clear.net.nz
Website	www.fertility.org.nz	
Contact	Contact Phone	Contact Email
Samantha Fairweather	07 823 3413	sfairweather@clear.net.nz

Fetal Alcohol Support Trust		
The Fetal Alcohol Support Trust (F.A.S.T.) is dedicated to preventing Fetal Alcohol Spectrum Disorder (F.A.S.D.) by informing and educating the NZ community and offering support and advocacy for those individuals and their families that are affected.		
Address	2 Simon Place Nawton Hamilton 3200	
Phone	07 847 6752, 0800 006 752	Email fast@xtra.co.nz
Website		
Contact	Contact Phone	Contact Email
Shirley Ann Winikerei	07 847 6752	fast@xtra.co.nz

Gastric Reflux Support Network New Zealand Charitable Trust		
Support for parents with infants and children with Gastric Reflux.		
Address	PO Box 16596 Hornby Christchurch 8441	

Phone	0800 380 517, 022 5855 935	Email		Website	www.cryingoverspiltmilk.co.nz
Contact		Contact Phone		Contact Email	
	Roslyn Ballantyne		0800 380 517		

Hamilton Abuse Intervention Project					
Provides education programmes for men and women. Advocacy for women. Youth programmes.					
Address	PO Box 19051 Hamilton 3244				
Phone	07 834 3148	Email	admin@haip.org.nz	Website	
Contact		Contact Phone		Contact Email	
	Lila Jones				haip@ihug.co.nz

Hamilton Arthritics Hydrotherapy Support Group					
Address	PO Box 16238 Hamilton 2030				
Phone	07 855 0052	Email	yvonne@infoegen.net.nz or penniej@clear.net.nz	Website	
Contact		Contact Phone		Contact Email	
	Yvonne Wales		07 855 0052		yvonne@infoegen.net.nz

Hamilton Cardiac Care & Heart Support Club					
A community rehabilitation programme for people with, or at risk of heart disease					
Address	27 Te Anau Place Glenview Hamilton 3206				
Phone	07 843 4544	Email	edken@clear.net.nz	Website	
Contact		Contact Phone		Contact Email	

Hamilton Chinese Parents Group					
Chinese immigrant families with children join in the group form sharing and their parenting, education experience and so on					
Address	123 Mahoe Street Melville Hamilton 3206				
Phone	07843 3960	Email	caili1012@yahoo.com	Website	
Contact		Contact Phone		Contact Email	
	Annie Cai		07 843 3960, 022 021 0258		caili1012@yahoo.com

Hamilton City Victim Support Group Inc					
Address	Private Bag 3078 Hamilton 2020				
Phone	07 834 9490	Email	hamilton@victimsupport.org.nz	Website	www.victimsupport.org.nz
Contact		Contact Phone		Contact Email	
	Sherryl Crawford				

Hamilton East Playcentre					
Hamilton East is for children birth to school age. It is one of only three Centres in the Hamilton City that is on the eastern side of the Waikato river. Check out the website for session days and times.					
Address	46 Graham Street Hamilton East Hamilton 3216				

Phone	07 856 1514	Email		Website	www.playcentre.org.nz
Contact		Contact Phone		Contact Email	
	Lorna Goodin		07 8471739		

Hamilton Men's Circle					
Provide support for parents and expectant parents of multiple births. Twins, triplets and more.					
Address	PO Box 1123 Hamilton 2015				
Phone		Email	contact@hamilton-men.org.nz	Website	www.hamilton-men.org.nz
Contact		Contact Phone		Contact Email	
	Murray Allen		07 854 7759, 07 839 8126		murray.allen@fonterra.com

Hamilton Multiple Birth Club					
Provide support for parents and expectant parents of multiple births. Twins, triplets and more.					
Address	PO Box 179 Hamilton 3240				
Phone	07 8498400	Email	ewartfuller@xtra.co.nz	Website	
Contact		Contact Phone		Contact Email	

Hamilton Network Social Group					
The Hamilton Network Social Group is a friendship club for single people, 40 and over. We organise weekly events for our members to meet and socialise. These events are varied and include: BBQs, parties, pot luck dinners, pub nights, cafe and restaurant meals, walks and tramps, bike rides, and other indoor and outdoor activities.					
Address					
Phone		Email	committee4hnsg@gmail.com	Website	
Contact		Contact Phone		Contact Email	
	Lisa Garnett		022 543 1120		

Hamilton OSCAR Network					
Provide advice, support, training, and resources to OSCAR programmes (before, after school, and school holiday programmes for children aged 5-14) in the Hamilton region.					
Address	C/O Environment Centre PO Box 7024 Hamilton 2032				
Phone	07 838 0873	Email	james@naoscar.org.nz	Website	www.naoscar.org.nz
Contact		Contact Phone		Contact Email	
	James Doyle		07 838 0873		james@naoscar.org.nz

Hamilton Parents Centre Inc					
Provide child birth education, parent education and family support.					
Address	PO Box 1494 Hamilton 2015				
Phone	07 855 7517	Email	hpcbaby@xtra.co.nz	Website	
Contact		Contact Phone		Contact Email	
	Linda De Pledge-Brooker		07 855 7517		hpcbaby@xtra.co.nz

Hamilton PC Computer Club					
A Club to learn and share computer skills					
Address	C/O Te Whare O Te Ata PO Box 12090 Hamilton 3248				

Phone	07 843 3396	Email	hamiltoncomputerclub@gmail.com	Website	hamiltoncomputerclub.org.nz
Contact		Contact Phone		Contact Email	
	Ken Jenner		07 843 3396		kenjen8@gmail.com

Hamilton Refuge & Support Services Inc					
Support centre and safe house accommodation for victims of domestic abuse.					
Address	PO Box 6022 Hamilton 2015				
Phone	07 843 6789	Email	hamref@xtra.co.nz	Website	
Contact		Contact Phone		Contact Email	

Hamilton Toastmasters					
Toastmasters educational program to help us attain our individual communication goals. The Toastmasters Meeting Notes: We are a great bunch of people from various backgrounds and age groups all utilising the system has helped us develop and improve our skills. Club Notes: We dress tidy casual. You're welcome to come along in tidy street or work wear.					
Address	C/O D Austin 5 Caversham Drive Hamilton 3210				
Phone	07 854 6641	Email	des.austin@xtra.co.nz	Website	
Contact		Contact Phone		Contact Email	
	Des Austin		07 854 6641, 027 433 6235		des.austin@xtra.co.nz

Hamilton West Citizens Advise Bureau					
Same as Hamilton CAB.					
Address	PO Box 5481 Hamilton 2031				
Phone	07 847 2773	Email	cab.hamiltonwest@xtra.co.nz	Website	
Contact		Contact Phone		Contact Email	
	June Reidy		(07) 855 9762		

Head Injury Society Waikato					
Located at 487 Anglesea Street, Hamilton. Provides immediate and continuous care for head injured victims and families. Provides information and education on head injury. An advocate for head injured people. Supports head injured people and their families/whanau through support groups and one to one with field officer.					
Address	PO Box 1168 Hamilton 3240				
Phone	07 839 1191	Email	whis@wave.co.nz	Website	www.whisnzl.org
Contact		Contact Phone		Contact Email	

Hearing Association Hamilton & Districts Branch					
Support group and service provider for hearing-impaired public of Hamilton and surrounding districts. Located at 27 O'Neill Street, Claudelands, Hamilton.					
Address	PO Box 4399 Hamilton East Hamilton 3247				
Phone	07 852 5725	Email	hamhearing@xtra.co.nz	Website	hamilton@hearing.org.nz
Contact		Contact Phone		Contact Email	
	Raylene King		07 856 2008		

Hillcrest Amateur Swimming Club Inc					
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Swimming Club promoting Learn To Swim, Improvers and above Competitive swimming.			
Address	PO Box 11088 Hamilton 3251		
Phone	07 843 3981	Email	angessmith@yahoo.co.nz
Website			
Contact	Contact Phone		Contact Email
Angela Smith	07 843 3981		angessmith@yahoo.co.nz

Hillcrest Chapel Counselling Service			
We provide low cost counselling by qualified counsellors to strengthen and promote the well being of individuals, families and communities Cnr Masters Ave & Morris Road Hillcrest			
Address	PO Box 11035 Hamilton 3251		
Phone	027 390 3987	Email	viv@his.co.nz
Website			
Contact	Contact Phone		Contact Email
Vivian Henderson	07 8568 933		

Hospice Waikato			
Located at 33-35 Harwood Street Hamilton. Hospice Waikato provides specialised care for people dying from an incurable illness and supports them, their families and carers through illness, death and bereavement.			
Address	PO Box 325 Hamilton 3240		
Phone	07 839 3889, 07 854 1282, 0272839813	Email	elizabeth@hospicewaikato.org.nz
Website			
Contact	Contact Phone		Contact Email
Lesley Barker			lesley@hospicewaikato.org.nz

Immunisation Awareness Society			
To promote an "informed choice" with regards to vaccination. Help people gain more knowledge on the subject before feeling pressured to make a decision. Provide support whatever decision is made. Help people gather information so they can make a fully informed decision.			
Address	PO Box 56048 AUCKLAND 1030		
Phone	09 303 0187	Email	info@ias.org.nz
Website	www.ias.org.nz		
Contact	Contact Phone		Contact Email
Immunisation Awareness Society	09 303 0187		info@ias.org.nz

James Family Waikato			
Counselling and social work services for children and their families. Website: www.jamesfamily.org.nz E-Mail: jfcadmin@jamesfamily.org.nz			
Address	PO Box 24094 Hamilton 2030		
Phone		Email	jfcadmin@jamesfamily.org.nz
Website	www.jamesfamily.org.nz		
Contact	Contact Phone		Contact Email

La Leche League (Chartwell)			
Breastfeeding information and support group.			
Address	C/O Annemarie Lamb 20 Mac Farlane Street Hamilton		
Phone	07 856 6471	Email	ra-lamb@xtra.co.nz
Website			
Contact	Contact Phone		Contact Email
Liz Lightfoot	07 853 9143		lizlightfoot@strathfillan.biz

Leukaemia & Blood Cancer New Zealand			
With a vision to cure and a mission to care, we are committed to improving the quality of life for patients and their families living with leukaemia, lymphoma, myeloma, and related blood conditions. Located at 27 Pembroke Street, Hamilton.			
Address	PO Box 4146 Hamilton 2032		
Phone		Email	Website www.leukaemia.org.nz
Contact	Contact Phone		Contact Email
Matthew Eby	027 523 1726		matthew.eby@leukaemia.org.nz

LIFE Unlimited			
Providing a wide range of services for people with disabilities.			
Address	PO Box 146 Waikato Mail Centre Hamilton 3240		
Phone	07 839 5506	Email	Website www.life.nzl.org
Contact	Contact Phone		Contact Email
John McIntosh	07 839 5506		

LifeLine Waikato Inc			
Free, confidential non judgemental 24 hour telephone counselling service.			
Address	PO Box 108 Waikato Mail Centre Hamilton 3240		
Phone	07 838 0715 office, 0800 543 354	Email	Website www.lifeline.co.nz
Contact	Contact Phone		Contact Email

McKenzie Centre Trust			
Address	30 Hammond Street Hamilton Central Hamilton 3204		
Phone	07 839 5357, 07 839 5357, N/A	Email	Website mckenziecentre.nzl.org
Contact	Contact Phone		Contact Email
Julie Treweek			mckenziecentre@xtra.co.nz

ME Support Group			
Act as support and information service to people with ME and CFS.			
Address	C/O MS Waikato Trust PO Box 146 Hamilton 2015		
Phone	07 834 4742	Email	Website www.mswaikato.org.nz
Contact	Contact Phone		Contact Email
Frances Dene Letford	07 843 7283		letford@ihug.co.nz

Methodist City Action			
Social services agency - foodbank, social work, senior citizens support group, computer classes.			
Address	PO Box 1388 Hamilton 2015		
Phone	07 839 3917, 839 3917, 027 562 9758	Email	Website www.hmss.org.nz
Contact	Contact Phone		Contact Email
Wendy Nickalls	07 839 3917		w.nickalls@hmss.org.nz

MOPS Northcity			
Support/social group for mothers of pre-schoolers. Seperate children's programme.			
Address	PO Box 12153 Hamilton 2030		
Phone	07 829 4591	Email	Website www.mops.org
Contact	Contact Phone		Contact Email
Nicole Reid	07 829 9933		pnreid@ihug.co.nz

MS Waikato Trust			
Act as support and information service to people with MS and other neurological disorders.			
Address	PO Box 146 Waikato Mail Centre Hamilton 3240		
Phone	07 834 4740	Email mswaikato@clear.net.nz	Website www.mswaikato.org.nz
Contact	Contact Phone		Contact Email
Janet Buckingham	07 834 4740		mswaikato@clear.net.nz

Natural Fertility N.Z. Inc			
We are a natural organisation offering confidential clinics to couples/women that teach fertility awareness. Fertility awareness is the ability to recognise the naturally occurring signs of fertility in a women's menstrual cycle. This information can be used to understand your own menstrual cycle, to plan a pregnancy or avoid a pregnancy. We also educate teenagers, breastfeeding women, women approaching menopause and community groups. We also run education programmes in schools on contraception, puberty, and fertility awareness.			
Address	55 Berkley Avenue Hillcrest Hamilton 3216		
Phone	0800 178 637	Email lalages@naturalfertility.co.nz	Website www.naturalfertility.co.nz
Contact	Contact Phone		Contact Email
Lalage Anne Sales	07 929 1249, 021 022 78772, 021 774 375		lalage.sales@gmail.com

Nawton Family Playcentre			
Nawton Family Playcentre is for children birth - school age. Check the website for session days and times.			
Address	82 Dominion Road Nawton Hamilton 3200		
Phone	07 849 0216	Email office@waikatoplaycentre.org.nz	Website www.playcentre.org.nz
Contact	Contact Phone		Contact Email
Lorna Goodin	07 8471739		

Neighbourhood Support Hamilton			
Neighbourhood Support is a community owned programme to make our neighbourhoods and communities safer and more caring places in which to live. Neighbourhood Support works closely with the Police and other organisations, to reduce crime and to prepare people to deal with emergencies and natural disasters in their community			
Address	PO Box 3078 Hamilton 3240		
Phone	021 592 553	Email lyall@nsnz.org.nz	Website www.nsnz.org.nz
Contact	Contact Phone		Contact Email

New Life Church Hamilton			
A New Life church which offers holiday programmes; Cell Groups; has an active youth group; enjoys a mix of people from many cultures; and is currently building their own church building at 360 Tramway Road.			
Address	360 Tramway Road RD 1 Hamilton 2021		
Phone	07 855 7117	Email office@hnlc.org.nz	Website www.hnlc.org.nz

Contact	Contact Phone	Contact Email
Bruce Rosser	027 291 5164, 07 855 7117	rosser@clear.net.nz

New Progress Enterprises Charitable Trust		
New Progressive Enterprises (NPE) provides a wide range of programmes and activities to support people who have experienced, or are experiencing, mental health issues.		
Address	PO Box 19082 Hamilton 2030	
Phone	07 838 0302	Email kellie@npe.co.nz
		Website www.npe.co.nz
Contact	Contact Phone	Contact Email
Karen Covell	07 838 0302	karen@npe.co.nz

New Zealand Curriculum Design Institute		
Business and Education Consulting Organisation.		
Address	1/28 Liverpool Street Hamilton Central Hamilton 3204	
Phone	07 846 7446	Email admin@nzcdi.ac.nz
		Website
Contact	Contact Phone	Contact Email

Newstape Trust Inc		
Provide audio cassette tapes of local news to the blind and partially sighted every week.		
Address	PO Box 10330 Hamilton	
Phone		Email
		Website
Contact	Contact Phone	Contact Email
Ian Alexander Calder	07 855 3125	calder@waikato.ac.nz

Nga Whare Residential Services		
Address	123 Mardon Road Enderley Hamilton 3214	
Phone		Email tio@terunanga.org.nz
		Website
Contact	Contact Phone	Contact Email
Marianna Muro		marianna@terunanga.org.nz

Optionz Brain Rehabilitation & Recovery Trust		
Non-profit organisation. Making a difference in the lives of people affected by brain injury. Structured rehabilitation programme based on individual needs/goals and abilities. Located at 290 Tristram Street, Hamilton.		
Address	PO Box 600 Waikato Mail Centre Hamilton 3240	
Phone	07 839 4010	Email anne.harris@optionz.org.nz
		Website
Contact	Contact Phone	Contact Email
Anne Harris	07 839 4010	anne.harris@optionz.org.nz

Order of St Luke		
Christian Service Ministry in healing/wholeness and welfare.		
Address	48 Kahikatea Drive Hamilton	
Phone		Email
		Website
Contact	Contact Phone	Contact Email
Patricia Margaret Ammundsen	07 843 4008	ronamm@wave.co.nz

Pacific			
Warm Pacific greetings. We work sensitively with your cultural values and respectfully with Pacific to achieve the best outcome for your family. Our services include Health promotion/education (classes, workshops), Youth services (Youth Group, Pacific Youth Events, Youth counselling), Social Services (SKIP Parenting programme, Parenting through separation)best of all they are FREE.Call us so we can support you! Contact Saffron 07 848 1002			
Address	PO Box 1152 Hamilton 3204		
Phone	07 848 1002	Email	terapakau@terapakau.co.nz
Website			
Contact	Contact Phone		Contact Email

Pacific People's Addiction Services Inc (PPASI)			
We provide culturally appropriate drug, alcohol, violence and life skills programmes and counselling services.			
Address	PO Box 19358 Hamilton 2030		
Phone	07 834 2964, 07 834 2964	Email	ppasi@xtra.co.nz
Website			
Contact	Contact Phone		Contact Email

Paraplegic & Physically Disabled Association Inc.			
Sport, recreation, and leisure for people with physical disabilities.			
Address	PO Box 14067 Hamilton 2030		
Phone	07 849 9384	Email	
Website			
Contact	Contact Phone		Contact Email
Tiffiney Perry	(07) 849 1178, (025) 2908858		tperry@perry.co.nz

Parent To Parent Waikato			
Support and information for parents and whanau with a family member that has a disability, health impairment or additional need. Disability,Service,Family,Support,Child,Health Contact Carol848 1362			
Address	PO Box 9112 Waikato Mail Centre Hamilton 3240		
Phone	07 848 1362, 07 839 1276	Email	waikaton@parent2parent.org.nz
Website	www.parent2parent.org.nz		
Contact	Contact Phone		Contact Email
Parent To Parent New Zealand Inc.	07 853 8491, 0508 236 236		national@parent2parent.org.nz

Parentline Charitable Trust			
Parentline has been providing Child Advocacy services for 32 years. Our vision is "Keeping children safe from abuse and family violence".			
Address	PO Box 11077 Hillcrest Hamilton 3251		
Phone	07 839 4536	Email	parentline@parentline.org.nz
Website	www.parentline.org.nz		
Contact	Contact Phone		Contact Email
Lisa Herewini	07 839 4536		

Parents Equipped

Teaches solo parents to cook low cost nutritious meals, budgeting, parenting and building self esteem.					
Address	C/O North City Apostolic Church PO Box 12153 Hamilton 2030				
Phone		Email		Website	
Contact	Contact Phone		Contact Email		
Ruth Bowker	07 829 4591		admin@northcityapo.org.nz		

Parkinsonism Society Waikato Inc					
Parkinson's Waikato is an incorporated Society, registered with the Charities Commission. We provide information, education and support to People With Parkinson's (PWP), their Care-givers, families and whanau throughout the Waikato, Waitomo, King Country, Hauraki and Thames/Coromandel areas. Our Field Officers run our Home-Visiting Programme and monthly support meetings for PWPs and their Carers. Parkinson's Waikato also supports medical research on Parkinson's through the New Zealand Human Brain Research Centre.					
Address	PO Box 1235 Waikato Mail Centre Hamilton 3240				
Phone	07 839 9038	Email	waikato@parkinsons.org.nz	Website	www.parkinsons.org.nz
Contact	Contact Phone		Contact Email		
Teresa McIntosh	07 839 9038		waikato@parkinsons.org.nz		

Pasifika Family & Youth Trust					
charitable trust that focuses on youth and family especially melanesian group, e.g. fiji, solomon etc					
Address	106 Endeavour Avenue Flagstaff Hamilton 3210				
Phone	07 854 3306	Email	nacolasetrust@gmail.com	Website	www.pasifikafamilyandyouthwebs.com
Contact	Contact Phone		Contact Email		
Kelera Nayacakalou	07 854 3306		nacolasetrust@gmail.com		

Paterson Street Playcentre					
Paterson Street Playcentre is near the Rhode Street school in Dinsdale. It is for children birth - school age. Check out the website for session days and times.					
Address	40 Paterson Street Frankton Hamilton 3204				
Phone	N/A, 07 846 6484, 027 950 1120	Email	nzgirlaqd@gmail.com	Website	N/A
Contact	Contact Phone		Contact Email		
Lorna Goodin	07 8471739				

Pathways					
Adult mental health. Community support services.					
Address	293 Grey Street Hamilton East Hamilton 3216				
Phone	07 857 1203	Email	mary.ridley@pathways.co.nz	Website	
Contact	Contact Phone		Contact Email		

Patients Rights Advocacy Waikato Inc					
Patients rights advocacy. Representation, claims, and complaints.					
Address	C/O Secretary 65 Tawa Street Hamilton 3206				
Phone	07 843 5837	Email	rens.dej@clear.net.nz	Website	www.prawi.sartorelli.gen.nz, www.benzo.org.uk/ppaw
Contact	Contact Phone		Contact Email		
Anna Petronella G de Jonge	07 843 5837		rens.dej@clear.net.nz		

Peachgrove Playcentre

Peachrove Playcentre is right next door to the Peachgrove Intermediate. Playcentre is for children birth to school age. Check out the website for session days and times.

Address	80 Peachgrove Road Fairfield Hamilton 3214				
Phone	07 855 0850, 07 8466484	Email	office@waikatoplaycentre.org.nz	Website	www.playcentre.org.nz
Contact	Contact Phone		Contact Email		
Lorna Goodin	07 8471739				

Phoenix Rehabilitation Unit

Rehabilitation unit for those with brain injuries.

Address	138 Firth Street Hamilton East Hamilton 3216				
Phone	07 856 3528, 07 856 3528	Email	support@phoenixrehab.co.nz	Website	www.phoenixrehab.co.nz
Contact	Contact Phone		Contact Email		
Rachel Jones	07 856 3528		support@phoenixrehab.co.nz		

Physical Assistance Centre

Special needs unit in a high school. Hillcrest High School, Masters Avenue, Hamilton.

Address	PO Box 11020 Hamilton 2034				
Phone	07 857 0297	Email	office@hillcrest-high.school.nz	Website	www.hillcrest-high.school.nz
Contact	Contact Phone		Contact Email		

Pregnancy Counselling Services Inc

Helping women or clients concerned about a worried pregnancy, adoption or abortion.

Address	PO Box 1178 Hamilton 2015				
Phone		Email		Website	
Contact	Contact Phone		Contact Email		
Anne Rodgers	(07) 827 4436		buckrogers@kol.co.nz		

Prison Care Ministries

Located at 13 Liverpool Street, Hamilton. Charitable Trust supporting families and individuals involved in the criminal justice system. Provider of support accommodation for released prisoners.

Address	PO Box 16192 Hamilton 2030				
Phone	07 839 7749	Email	info@prisoncare.org.nz	Website	
Contact	Contact Phone		Contact Email		
Geoff McMillan					

Prison Fellowship New Zealand (Waikato)

A non charitable trust, made up primarily of volunteers.

Address	PO Box 5789 Hamilton 2031				
Phone	07 849 1669	Email	waikato@pfnz.org.nz	Website	www.pfnz.org.nz
Contact	Contact Phone		Contact Email		
Kelly Buckley	07 849 1669, 027 414 8861		kelly.buckley@xtra.co.nz		

Richmond Fellowship NZ Inc			
Mental health accomodation provider.			
Address	PO Box 4213 Hamilton 2032		
Phone		Email	adminham@richmond.org.nz
		Website	
Contact		Contact Phone	
	Adele Winikerei	07 854 9190	

RMS Refugee Resettlement			
Resettlement of Refugees. Located at Waikato Migrant Centre, Boundary Road, Hamilton.			
Address	PO Box 14139 Five Cross Roads Hamilton 3252		
Phone	07 853 2195	Email	rms-ham@rms.org.nz
		Website	www.rms.org.nz
Contact		Contact Phone	
	RMS Refugee Resettlement	07 853 2195	rms-ham@rms.org.nz

Royal New Zealand Plunket Society			
Address	PO Box 9359 Hamilton 2015		
Phone	07 839 3982	Email	hamplunketadmin@plunket.org.nz
		Website	
Contact		Contact Phone	
	Jenny Lee		

Salem Mission Charity of New Zealand Inc			
Physical Address 12 Joanna Place Hamilton			
Address	9 Glencoe Heights Grandview Heights Hamilton 3200		
Phone	07 834 1407	Email	ipccpa@gmail.com
		Website	www.cpa.org.nz
Contact		Contact Phone	
	Pastor Valsan Kochunny George	0211 762 112, 0222 762 112	chair@salemmissionnz.org

SF Waikato (Supporting Families in Mental Health)			
Supporting families in mental illness. Provides support, advocacy, education and information to families of the mentally ill.			
Address	28 Pembroke Street Hamilton Lake Hamilton 3204		
Phone		Email	office@sfwaikato.org.nz
		Website	
Contact		Contact Phone	
	Peter Nielson		

Shama: Hamilton Women's Ethnic Centre			
Shama Hamilton Ethnic Women's Centre is a vibrant sustainable centre which provides support, advocacy and programmes and to be a source of strength and empowerment for ethnic women of all ages. It was formed for ethnic women to cope with feelings of loneliness, being away from extended family, adapting to life in New Zealand, discrimination, feeling helpless and powerless and lack of information.			
Address	27 Beatty Street Melville Hamilton 3206		
Phone	07 843 3811, 027 243 3811	Email	shamahewc@xtra.co.nz
		Website	http://shama.wainet.org
Contact		Contact Phone	
	Zinai Siviter	07 843 3811, 027 243 3811	shamahewc@xtra.co.nz

Social Services Waikato			
Address	PO Box 391 Hamilton 2015		
Phone	07 838 1583, 07 838 1583	Email	ssw@com-trust.org.nz
		Website	www.socialserviceswaikato.org.nz
Contact	Contact Phone		Contact Email
Bev Gatenby	07 838 1583		

Social Workers in Schools			
Address	PO Box 24094 Hamilton 2030		
Phone		Email	
		Website	
Contact	Contact Phone		Contact Email
Sam Sako	07 843 8656		

Special Olympics Waikato			
Sport for people with intellectual disabilities.			
Address	PO Box 15572 Dinsdale Hamilton 3243		
Phone	07 8536077	Email	
		Website	
Contact	Contact Phone		Contact Email
Pat Van Der Maas	07 853 6077		pvd@m@xtra.co.nz

Stewart Centre			
Day rehabilitation service for people with brain injury.			
Address	PO Box 600 Hamilton 2015		
Phone	07 839 4010	Email	hamilton@stewart-centre.org.nz
		Website	
Contact	Contact Phone		Contact Email
Rosemary Harris	07 839 4010		hamilton@stewart-centre.org.nz

Stroke Foundation Hamilton			
Located at 204A Te Rapa Road, Beerescourt, Hamilton.			
Address	PO Box 27112 Garnett Avenue Hamilton 3257		
Phone	07 849 2065	Email	hamiltonstroke@gmail.com
		Website	
Contact	Contact Phone		Contact Email

Te Whare Kokonga - Melville Community Centre			
Te Whare Kokonga is a community house located in Melville Hamilton. We provide programmes, services, activities and events to people in and around Hamilton South. Te Whare Kokonga is a friendly organisation, always willing to help. If we can't provide what you need, we will find someone who can! Some of the Services & Programmes Provided: Budgeting Advice, WINZ & HNZN Advocacy, Legal Advice, Smoking Cessation, JP Service, Parenting courses, Holiday programmes, Vege Co-op, Vibrant Living programmes and much more.			
Address	PO Box 8026 Urlich Hamilton 3245		
Phone	07 843 8811	Email	tewharekokonga@xtra.co.nz
		Website	
Contact	Contact Phone		Contact Email
Hollly Snape	07 843 8811		

Te Whare o Te Ata			
1) OSCAR Accredited School Holiday & After School Programmes. 2) Working alongside community groups to improve governance & funding opportunities. 3) Community education...including Te Ara Reo Maori etc. 4) Weekly community Radio programme. 5) Venue hire for groups of up to 15 people. 6) Visit our web-site for more information			
Address	PO Box 12090 Hamilton 3248		
Phone	07 855 7804	Email	tewhareoteata@xtra.co.nz
Website	www.communitylinx.co.nz		
Contact	Contact Phone		Contact Email
Frank Carter	07 8557804		tewhareoteata@xtra.co.nz

The Friends Of Hamilton Zoo Inc			
The Friends of Hamilton Zoo Inc are a committed group of volunteers who support the zoo in its aims of conservation and education. We do this by fundraising but also by assisting with certain projects or events as required by the zoo. More info can be found on the Hamilton Zoo website			
Address	PO Box 15265 Hamilton 3243		
Phone	07 838 6953	Email	betty.collins@hcc.govt.nz
Website	www.hamiltonzoo.co.nz		
Contact	Contact Phone		Contact Email
Betty Collins	07 838 6953, 07 838 6953		betty.collins@hcc.govt.nz

The Home Educators Network (THEN) Inc			
We are a network of home educators who keep in touch with each other, help in organising and advertising activities in and around the Waikato, give access to relevant home ed info', to be informed of current issues in home education in New Zealand, encourage those contemplating home education for the first time, and general support and networking			
Address	PO Box 20257 Hamilton 3241		
Phone	07 855 3126	Email	then@kol.co.nz
Website	nowTHEN.bravehost.com		
Contact	Contact Phone		Contact Email

The Salvation Army Employment Plus			
Address	45 King Street Frankton Hamilton 3204		
Phone	07 847 3223	Email	
Website			
Contact	Contact Phone		Contact Email

Touch for Health Kinesiology			
Kinesiology is a system of healthcare that uses gentle but powerful techniques to improve vitality, wellbeing and energy. Anyone can learn the Touch for Health system for personal use or in the clinic situation.			
Address	201 King Street Cambridge 3434		
Phone		Email	
Website	www.touchforhealthnz.co.nz		
Contact	Contact Phone		Contact Email
Colleen Ryan	07 823 5054		colleen@prioritywellness.co.nz

ToughLove Parent Support			
Support Groups for parents who are experiencing unacceptable behaviour from their children of all ages. We teach strategies for parents who want to live in a home where everyone cooperates in a loving environment. We meet at Hamilton East Community House (Waimarie), 53 Wellington Street, on Tuesdays 7.30-9.30 pm. No bookings necessary.			
Address	PO Box 12286 Chartwell Hamilton 3248		

Phone	07 856 5999	Email	waikatopsg@gmail.com	Website	www.toughlove.co.nz
Contact		Contact Phone		Contact Email	

Union of Fathers

Our Purpose To defend, promote and champion the value of fatherhood. To achieve equal shared parenting as the accepted and recognised best outcome following separation. To unite and empower fathers and supporters to achieve the greatest well-being of our children and hence future generations. ARE YOU MISSING YOUR KIDS? Many fathers lose contact with their children after a marriage breaks up. This can leave them devastated and depressed. We can share our valuable experience in regards to Family Law We assist members by teaching them how to represent themselves when dealing with issues such as custody, property and child support.

Address	PO Box 909 Waikato Mail Centre Hamilton 3240				
Phone	021 396 728	Email	mrfixit_please@paradise.net.nz	Website	www.uof.org.nz
Contact		Contact Phone		Contact Email	

Vardon Playcentre

Vardon Playcentre is on the same street as St Andrews middle School. Playcentre is unique to NZ and is known as the family preschool. Sessions are for children birth to school age. Check out the Website for session days and times.

Address	34 Heath Street Saint Andrews Hamilton 3200				
Phone	07 849 4628	Email	office@waikatoplaycentre.org.nz	Website	www.playcentre.org.nz
Contact		Contact Phone		Contact Email	
	Lorna Goodin		07 8471739		

Voice for Life

Provide information and support to women in situations of unplanned pregnancy.

Address	PO Box 189 Hamilton 2015				
Phone	07 849 1030	Email	daveklinkhamer@xtra.co.nz	Website	www.voiceforlife.org
Contact		Contact Phone		Contact Email	
	Peter Anton Klinkhamer		07 849 1030, 07 823 6449		daveklinkhamer@xtra.co.nz

Volunteer Service Abroad - V S A (Waikato)

Support Volunteers from our region volunteering for VSA.

Address	C/O Christina Reymer (Secretary) 3 Armagh Street Hamilton				
Phone		Email	cmreymer@xtra.co.nz	Website	
Contact		Contact Phone		Contact Email	
	Jane Margaret B Strachan		07 839 2624, 021 392 624		jane@waikato.ac.nz

Waikato Association of Korean Students

Waikato Association of Korean Students (WAKS) is a body of Korean tertiary students in Waikato region, currently made up of students from the University of Waikato and Wintec. Our purpose is to provide members with opportunities for personal development and managerial experiences. We do this by interacting with local communities, especially Korean communities and running a number of projects designed to bridge the gap between the Korean communities in Waikato and the wider public. For further information, contact the president (2010), Sang Jun Do; 021 254 3895, sjd33@students.waikato.ac.nz

Address	2/174 Old Farm Road Hamilton East Hamilton 3216				
Phone	021 254 3895	Email	sjd33@students.waikato.ac.nz	Website	

Contact	Contact Phone	Contact Email
Sang Jun Do	021 254 3895	sid33@students.waikato.ac.nz

Waikato Buddhist Temple		
Conducts weekly Meditation sessions in English. Collection of English books on Buddhism is available.		
Address	2 A Chelmsford Street Silverdale Hamilton 3216	
Phone	07 859 2180	Email nzcbt@slingshot.co.nz
		Website http://buddhistvihara.srilankanz.net.nz/
Contact	Contact Phone	Contact Email
Waikato Buddhist Temple	07 859 2180	nzcbt@slingshot.co.nz

Waikato Burn Support Charitable Trust		
Support and information for burn survivors and caregivers. Website: www.burnsupport.org.nz . E-Mail: secretary@burnsupport.org.nz		
Address	PO Box 5042 Hamilton 2031	
Phone		Email secretary@burnsupport.org.nz
		Website www.burnsupport.org.nz
Contact	Contact Phone	Contact Email
Vera Gunn		

Waikato Institute For Leisure and Sport Studies		
Provides community education in sport, leisure and active living.		
Address	PO Box 46 Hamilton 2015	
Phone	07 839 9908	Email wilss@wilss.ac.nz
		Website www.wilss.ac.nz
Contact	Contact Phone	Contact Email

Waikato Playcentre Association Inc		
Waikato Playcentre Association is the parent organisation for 22 Playcentres in the Waikato region. Playcentre is for parents to be actively involved in running quality play sessions for children Birth - school age. Situated @ 87 A Norton Road Hamilton		
Address	PO Box 5252 Frankton Hamilton 3242	
Phone	07 847 1739, 07 847 1739, N/A	Email office@waikatoplaycentre.org.nz
		Website www.playcentre.org.nz
Contact	Contact Phone	Contact Email
Lorna Goodin	07 8471739	

Waikato Student Union		
The WSU provides representation for all Waikato University students. We provide an advocacy service, minority group representation and other useful services. We represent student views on most university committees and we also represent Waikato students nationally.		
Address	University of Waikato Private Bag 3059 Hamilton 3216	
Phone	07 856 9139	Email admin@wsu.org.nz
		Website www.wsu.org.nz
Contact	Contact Phone	Contact Email

Waikato Widow and Widowers Social Club		
Social club for widows and widowers.		

Address	C/O J Redout 37 A Dalethorpe Avenue Hamilton		
Phone	07 855 3879	Email	Website
Contact	Contact Phone		Contact Email
Jean Redout	07 855 3879		

Waikato Youth Workers Collective			
To support, strengthen, and advocate for youth workers.			
Address	PO Box 391 Hamilton 2015		
Phone		Email	Website
Contact	Contact Phone		Contact Email
Maraea Nikora	07 853 8730		maraea@com-trust.org.nz

Waikato/Bay of Plenty Division of The Cancer Society of NZ Inc			
The Waikato/Bay of Plenty Division of The Cancer Society is committed to minimising the impact of cancer in the community through the provision of free support services, health promotion, research, advocacy, and information services.			
Address	PO Box 134 Waikato Mail Centre Hamilton 3240		
Phone	0800 22 77 44, 07 838 2027	Email	admin@cancersociety.org.nz
		Website	www.cancersociety.org.nz
Contact	Contact Phone		Contact Email

Western Community Centre			
The centre is a focal point for the Hamilton west community providing a wide range of support services, activities, programmes, events, venue hire and community development projects.			
Address	46 Hyde Avenue Nawton Hamilton 3200		
Phone	07 847 4873, 07 847 4873, N/A	Email	manager@wccham.org.nz
		Website	www.westerncommunity.org.nz
Contact	Contact Phone		Contact Email

Workplace Support			
Delivering professional staff and organisational support services. Grey Street.			
Address	PO Box 4321 Hamilton 2032		
Phone	07 856 8638	Email	support.waikato@xtra.co.nz
		Website	www.workplacesupport.co.nz
Contact	Contact Phone		Contact Email
Lindsay Cumberpatch	07 856 8638		

YWCA			
"The YWCA of Hamilton offers programmes and workshops for young women, Tertiary Education and Outward Bound Scholarships and a Maori Women's Community Award; fresh and frozen YW Mobile Meals "meals on wheels;" hostel accommodation for women and men and venue hire (hall, meeting rooms and commercial kitchen)."			
Address	PO Box 1011 Hamilton 3240		
Phone	07 838 2219	Email	admin@ywcahamilton.org.nz
		Website	www.hamilton.ywca.org.nz
Contact	Contact Phone		Contact Email
Anne Bennett	07 838 2219		hamilton@ywca.org.nz

Zipper Cardiac Support Club (NZ) Inc			
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Helping cardiac patients who have, or are to have, cardiac surgery through either the Waikato Hospital or Braemar Private Hospital. Patients can come from throughout the Waikato, Thames Valley, Bay of Plenty, Rotorua, King Country, Taranaki or Poverty Bay areas. Trained visitors from the Club visit the Hospitals and offer help, support and encouragement to patients undergoing open heart surgery, as well as their caregivers and families. We do not give medical advice, but offer comfort and support from those who have been through the experience.

Address	C/O Gae Young 22 Glenview Terrace Hamilton		
Phone		Email	Website
Contact	Contact Phone		Contact Email
Gae Maria Young	07 843 4016		

Number of records: 140