

# Clubs & Organisations Register - Support Groups

<b>Advocacy Network Services Trust (ADNET)</b>					
<b>Address</b>	PO Box 1256 Hamilton 2015				
<b>Phone</b>		<b>Email</b>		<b>Website</b>	
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>		

<b>Age Concern Hamilton Inc</b>					
Working together to promote quality of life for older people. Celebrating Age Centre, 30 Victoria Street.					
<b>Address</b>	C/O Celebrating Age Centre 30 Victoria Street Hamilton 3204				
<b>Phone</b>	07 838 2266	<b>Email</b>	postmaster@ageconcern.gen.nz ; brent@ageconcern.gen.nz	<b>Website</b>	www.ageconcern.gen.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>		

<b>Agender Waikato</b>					
support group for Transgendered people and partners or friends					
<b>Address</b>	10A Anthony Crescent Bader Hamilton 3206				
<b>Phone</b>	07 843 1468	<b>Email</b>		<b>Website</b>	www.agenderwaikato.co.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>		
Cindy Lewis	07 843 1468		cindy_nznz@yahoo.co.nz		

<b>Al-Anon</b>					
Al-Anon is a 12 step programme for family and friends of alcoholics. MEETING TIMES: There are two meetings a week for Al-Anon in Hamilton. The first is Tuesday nights, 7:30-9 pm at YWCA, Clarence Street, Hamilton. The second is Friday nights, 7:30-8:30 pm, St Clare's Church, 97 Tuhikaramea Road, West Hamilton.					
<b>Address</b>	C/O P O Box 1011 Hamilton 2015				
<b>Phone</b>		<b>Email</b>	nz-al-anon-gso@xtra.co.nz	<b>Website</b>	www.al-anon.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>		
Al-Anon GSO	0508 425 2666		nz-al-anon-gso@xtra.co.nz		

<b>Alcohol &amp; Drug Community Support Trust</b>					
Alcohol and drug supportive accomodation.					
<b>Address</b>	PO Box 9136 Waikato Mail Centre Hamilton 3240				
<b>Phone</b>	0274 733 777, 07 834 2428, N/A	<b>Email</b>	manning_street@xtra.co.nz	<b>Website</b>	N/A
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>		
Janet Hankon					

<b>Amiga Users Group (Waikato)</b>			
Amiga computer support.			
<b>Address</b>	C/O Bryan Beecher 4 Pamela Place Hamilton		
<b>Phone</b>	07 843 7753	<b>Email</b>	admin@wehost.co.nz
		<b>Website</b>	www.amiga.wehost.co.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Bryan Leonard Beecher	07 843 7753		

<b>Anglican Action</b>			
<b>Address</b>	PO Box 13117 Hillcrest Hamilton 3251		
<b>Phone</b>	07 929 4803, 07 929 4862, 022 043 3690	<b>Email</b>	ken@anglicanaction.org.nz
		<b>Website</b>	N/A
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Karen Sandra Morrison-Hume	07 856 5820		info@anglicanaction.org.nz

<b>Anglican Diocese of Waikato</b>			
Administration support - Anglican			
<b>Address</b>	PO Box 21 Hamilton 2015		
<b>Phone</b>	07 838 2309	<b>Email</b>	anglicanadmin@hn-ang.org.nz
		<b>Website</b>	www.waikato.anglican.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Judy Entwisle	(07) 856 2999, (07) 838 2309		anglicanadmin@hn-ang.org.nz

<b>Arthritis New Zealand (Waikato Service Centre)</b>			
Located at 750 Victoria Street, Hamilton. We are a Not for Profit Organisation. I am the Arthritis Educator for Arthritis New Zealand covering the Waikato Area. My role is to run free Arthritis Clinics.			
<b>Address</b>	PO Box 74581 Greenlane Auckland 1546		
<b>Phone</b>	07 839 3219, 07 839 1209, 0212545168	<b>Email</b>	charlotte.tohi@arthritis.org.nz
		<b>Website</b>	www.arthritis.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Linda White	07 839 3219		linda.white@arthritis.org.nz

<b>Ashurst Park Playcentre</b>			
Ashurst Park Playcentre is for birth - school age. It is on the grounds of Te Rapa School and is the nearest Playcentre to The Base. Check out the website for session times.			
<b>Address</b>	61 Ashurst Avenue Pukete Hamilton 3200		
<b>Phone</b>	027 285 3330	<b>Email</b>	ashurstparkpresident@yahoo.co.nz
		<b>Website</b>	www.playcentre.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

<b>Asian Services - Problem Gambling Foundation</b>			
Location 270 Victoria Street, Hamilton. The Problem Gambling Foundation (PGF) is committed to minimising the harm caused by gambling. Asian services are available in English, Mandarin, Cantonese, and Korean languages, to provide support to Asian people affected by gambling.			
<b>Address</b>	PO Box 19273 Hamilton 2030		
<b>Phone</b>	07 839 7586	<b>Email</b>	wendy.li@pgfnz.co.nz
		<b>Website</b>	www.pgfnz.co.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

Wen Li	07 839 7586	wendy.li@pgfnz.co.nz
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<b>Aspire - Community Support</b>		
Physical Address: 103 Tawa Street, Melville, Hamilton		
Residential and supported living options for people with an intellectual disability.		
<b>Address</b>	PO Box 4083 Hamilton East Hamilton 3247	
<b>Phone</b>	07 839 0183, N/A, 021 800 750	<b>Email</b> reception@aspire.org.nz
		<b>Website</b> www.aspire.org.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Aspire - Community Support	07 839 0183, N/A, 021 800 750	reception@aspire.org.nz

<b>Association of Administrative Professionals NZ Inc</b>		
To encourage personal and professional administrative excellence within a global network.		
<b>Address</b>	PO Box 1424 Hamilton	
<b>Phone</b>		<b>Email</b>
		<b>Website</b> www.aapnz.org.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Lynley Semenoff	07 856 0679	lsemenoff@lic.co.nz

<b>Autism New Zealand Inc. (Waikato Branch)</b>		
information and support services for families / caregivers dealing with an Autism Spectrum Disorder		
<b>Address</b>	PO Box 406 Waikato Mail Centre Hamilton 3204	
<b>Phone</b>	07 849 2896	<b>Email</b> centralhub@autismnz.org.nz
		<b>Website</b> www.autismnz.org.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>

<b>Birthright (Waikato)</b>		
Sole parent support group.		
<b>Address</b>	PO Box 1052 Hamilton 2015	
<b>Phone</b>	07 838 0572	<b>Email</b> bwaikato@ihug.co.nz
		<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>

<b>Brain Injury Waikato</b>		
Located at 11 Somerset Street, Frankton, Hamilton. Brain Injury Waikato is a charitable organisation that provides advocacy, support and information to people who have sustained a brain injury, their families/whanau and carers throughout Waikato.		
<b>Address</b>	PO Box 1168 Hamilton 3240	
<b>Phone</b>	07 839 1191	<b>Email</b> admin@braininjurywaikato.org.nz
		<b>Website</b> www.braininjurywaikato.org.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>

<b>Breast Cancer Support Services</b>		
To support patients who are suffering the stress and trauma of breast cancer.		
<b>Address</b>	C/O Beryl Blewett 3/3 Turnbury Court Hamilton	
<b>Phone</b>	07 854 3969	<b>Email</b>
		<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>

Beryl Mary Blewett		
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### CanTeen - Waikato, Bay of Plenty, East Cape

CanTeen provides a national peer support network for young people aged 13-24 living with cancer. CanTeen provides high quality educational and recreational programmes at a local level as well as at a national level.

<b>Address</b>	PO Box 19448 Hamilton 2030		
<b>Phone</b>	07 839 1130	<b>Email</b>	waikato@canteen.org.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>	
Sandra Schimanski	07 839 1130	waikato@canteen.org.nz	

### CARE Services Trust

Support for families of children with special needs.  
Cnr Fairfield Road & Anson Avenue, Hamilton.

<b>Address</b>	PO Box 12066 Chartwell Hamilton 3248		
<b>Phone</b>	07 854 8984	<b>Email</b>	careservices@xtra.co.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>	
Janine McMillan	07 854 8984	careservices@xtra.co.nz	

### Catholic Family Support Services

Home based support services for families.

<b>Address</b>	100 Morrinsville Road Hillcrest Hamilton 3216		
<b>Phone</b>	07 856 3760	<b>Email</b>	cfssweb@hyper.net.nz
<b>Website</b>	www.cfss.org.nz		
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>	
Carole Fleming			

### Celebrating Age Centre

Providing and encouraging a range of services and activities for older people. A variety of rooms available for hire. Cafe open 9am to 2pm, all welcome.

<b>Address</b>	30 Victoria Street Hamilton		
<b>Phone</b>	0800 77 23 23	<b>Email</b>	Booking.CommunityFacilities@hcc.govt.nz
<b>Website</b>	hamilton.govt.nz/communityfacilities		
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>	

### Chapel Hill Community Church

Located at Cnr Cate and Rototuna Rds Hamilton. John Buchanan Senior Pastor

<b>Address</b>	PO Box 12310 Chartwell Square Hamilton 3248		
<b>Phone</b>	07 854 1299	<b>Email</b>	admin@chapelhill.org.nz
<b>Website</b>	www.chapelhill.org.nz		
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>	
John Buchanan	07 854 1299		

### Child Cancer Foundation Inc

Providing support and resources to families with children who have cancer.

<b>Address</b>	PO Box 9503 Hamilton 2015		
<b>Phone</b>	0800 4 CHILD	<b>Email</b>	chair.wktobr@childcancer.co.nz
<b>Website</b>	www.childcancer.co.nz		
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>	

Louise Dobson		
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### Choices Healthy Lifestyle Group

Choices is an Action Activity Support Group, which is open to anyone wanting to look at ways of improving their health.

<b>Address</b>	PO Box 1388 Hamilton 2015	
<b>Phone</b>	07 839 3917	<b>Email</b> choices@hmss.org.nz
<b>Website</b>		
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Louisa Talbot	07 839 3917, 025 629 7433	xxxaquaxx@myway.com

### Conductive Education (Early Intervention 0 - 6 years)

Licensed, chartered early intervention centre for children with motor disorders. Located at the corner of Fairfield Road & Anson Avenue.

<b>Address</b>	PO Box 12066 Chartwell Hamilton 3248	
<b>Phone</b>	07 855 7013	<b>Email</b> cewaikato@xtra.co.nz
<b>Website</b>		www.cewaikato.org.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Sharon Harris	07 855 7013	cewaikato@xtra.co.nz

### Dawn Shakers Toastmasters

Toastmasters is the best self-discovery program in the world, become a confident public speaker and strong leader. We meet every Tuesday (except after long weekends) at 7.00am to 8.25am.

<b>Address</b>	C/O Harcourts 85 Rostrevor Street Hamilton 3204	
<b>Phone</b>		<b>Email</b> dawnshakers@toastmasters.org.nz
<b>Website</b>		
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Nicola MacKenzie	021 914 134	

### Deaf Aotearoa NZ

<b>Address</b>	PO Box 19330 Hamilton 3244	
<b>Phone</b>	07 856 2064	<b>Email</b> susitina.cook@deaf.org.nz
<b>Website</b>		www.deaf.org.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Maliah Edwardson	07 856 2064	maliah.edwardson@deaf.org.nz

### Deanwell Playcentre

Deanwell Playcentre is for birth to school age and is situated on the grounds of Deanwell school. Check the website for session times and days.

<b>Address</b>	Deanwell Avenue Hamilton	
<b>Phone</b>	07 843 4561	<b>Email</b>
<b>Website</b>		
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Lorna Goodin	07 8471739	

### Deanwell Slimming Club

Slimming, weigh-in, support. Physical address: Deanwell Primary School.

<b>Address</b>	C/O 20 Resthill Crescent Hamilton	
<b>Phone</b>	07 843 7854	<b>Email</b>
<b>Website</b>		
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>

Janice Verner Cleland	07 843 7854, 07 843 7858, 021 843 709	janice.cleland@xtra.co.nz
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<b>Dementia Waikato</b>		
To make life easier and to provide information, support, advocacy, education and support groups to people affected by alzheimers and other dementia.		
<b>Address</b>	PO Box 5720 Hamilton 3204	
<b>Phone</b>	07 929 4042	<b>Email</b> info@dementiawaikato.org.nz
		<b>Website</b> www.dementiawaikato.org.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>

<b>Depressive Disorders Support Group (Waikato) Inc</b>		
Peer support group offering support, education for people and their families coping with depression. Centre 401, 306 Tristram House, Tristram Street, Hamilton.		
<b>Address</b>	PO Box 1183 Hamilton 3240	
<b>Phone</b>	07 838 0199, 07 838 0199	<b>Email</b> info@ddsg.org.nz
		<b>Website</b> www.ddsg.org.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>

<b>Desert Spring Ministries Trust</b>		
Social service agency providing services to the east side of the Hamilton City Waikato River.		
<b>Address</b>	PO Box 14048 Hamilton 2015	
<b>Phone</b>	07 855 2728	<b>Email</b> desert.spring@xtra.co.nz
		<b>Website</b> www.freewebs.com/desertspringministries/
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
John Baker		

<b>Destiny Church Hamilton</b>		
Located at 5/550 Te Rapa Road (off Euclid Ave) or behind Washworld, Te Rapa		
<b>Address</b>	PO Box 12388 Chartwell Hamilton 3200	
<b>Phone</b>	07 850 1465, N/A, 0212652495	<b>Email</b> rewa@destinyhamilton.org.nz; admin@destinyhamilton.org.nz
		<b>Website</b> www.destinychurch.org.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Pastor John Ferris	07 850 1467	

<b>Diabetes Waikato Inc</b>		
Helping people with diabetes lead full and active lives. Office inside pharmacy, 547 Grey Street, Hamilton East. Office Hours: Monday, Wednesday & Friday 11.00 to 1.30.		
<b>Address</b>	PO Box 4086 Hamilton 2032	
<b>Phone</b>		<b>Email</b> diabetesw@xtra.co.nz
		<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Tinka Mushett	07 838 0127	diabetesw@xtra.co.nz

<b>Dinsdale Playcentre</b>		
Dinsdale Playcentre is for birth - school age children. It is situated off Rifle Range road near the Lincoln Street end. Check out the website for session days and times		
<b>Address</b>	43A Frederick Drive Dinsdale Hamilton 3204	
<b>Phone</b>	(07) 847-3184	<b>Email</b> dinsdalepc@gmail.com
		<b>Website</b> www.playcentre.org.nz

<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Lorna Goodin	07 8471739	

<b>Disabled Persons Assembly (Waikato)</b>		
<b>Address</b>	C/O John Adams 13A Portree Place Hamilton	
<b>Phone</b>	07 847 5955	<b>Email</b> carandrod@clear.net.nz
		<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
John McIntosh		jmcintosh@life.nzl.org

<b>Down Syndrome Association Waikato</b>		
<b>Address</b>	35 Taitua Road RD 9 Hamilton 2021	
<b>Phone</b>	07 846 7223	<b>Email</b> hamilton@stihlshop.co.nz
		<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Zephne Morgan	07 846 7223, 07 856 9618	

<b>East Hamilton Probus</b>		
Social gathering of ex professional and business people.		
<b>Address</b>	C/O Murray White 62 A Sunnyhills Avenue Hamilton	
<b>Phone</b>	07 843 1904	<b>Email</b>
		<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Murray White	07 843 1904	

<b>Eldernet</b>		
Nationwide on-line database directory of services for older people. Includes a map function showing the locality of many services.		
<b>Address</b>	C/O 286 Keyes Road CHRISTCHURCH 8007	
<b>Phone</b>	03 3881 204	<b>Email</b> team@eldernet.co.nz
		<b>Website</b> www.eldernet.co.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Eleanor Bodger	(025) 208 7786	

<b>Endometriosis Waikato</b>		
Endometriosis Waikato is a community organisation empowering the 20% of women and teenage girls affected by this significant condition. We provide community support, information and education, and raise awareness in the wider community. Please see <a href="http://www.endometriosiswaikato.org.nz">www.endometriosiswaikato.org.nz</a> for more information		
<b>Address</b>	C/O 36 McNicol Street Hamilton 3214	
<b>Phone</b>	07 855 3851	<b>Email</b> endo@hnpl.net
		<b>Website</b> www.endometriosiswaikato.org.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Annette L Evans	07 855 3851	endo@hnpl.net

<b>Epilepsy New Zealand (National Office)</b>		
Support and education of people living with epilepsy and the wider community.		
<b>Address</b>	PO Box 1074 Hamilton 2015	
<b>Phone</b>		<b>Email</b>
		<b>Website</b>

<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>

### Epilepsy NZ (Waikato)

Support, education and advocacy for people living with epilepsy, their whanau/family and the wider community.

<b>Address</b>	PO Box 683 Hamilton 2015	
<b>Phone</b>	<b>Email</b>	<b>Website</b>
	epilepsy.wkto@xtra.co.nz	
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Joanne Hapi	07 838 1433	epilepsy.wkto@xtra.co.nz

### Ex-Royal Navalmen's Assn of N Z Inc (Nat Council)

<b>Address</b>	C/O Lt Cdr J M Luttrell 34 B Claude Street Hamilton	
<b>Phone</b>	<b>Email</b>	<b>Website</b>
07 855 3862	jan.luttrell@inspire.net.nz	
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Jan Luttrell	07 855 3862	jan.luttrell@inspire.net.nz

### Family Education Network

To strengthen families. Provides educational material to schools and youth agencies to aid value based programmes.

<b>Address</b>	PO Box 5183 Hamilton	
<b>Phone</b>	<b>Email</b>	<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Tony McKenna	07 846 0009	tony@financeshop.co.nz

### Family Start

<b>Address</b>	100 Morrinsville Road Hillcrest Hamilton 3216	
<b>Phone</b>	<b>Email</b>	<b>Website</b>
07 857 0027		www.family-start.org.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Manujon Pemerika		manujonp@family-start.org.nz

### Fertility Support Waikato

Fertility Support Waikato. One of the greatest ways to deal with infertility is to talk about it. This is not always easy or comfortable. At some point dealing with your fertility issues you may experience a state of crisis. This crisis in turn may lead to isolation and despair. This may place a strain on you, and your relationships. You may also feel alone and have no-one to talk to. Fertility Support Waikato can help provide you with support, understanding, information, resources, networking, and regular meetings.

<b>Address</b>	C/O Samantha Fairweather 64 Clare Street CAMBRIDGE 2351	
<b>Phone</b>	<b>Email</b>	<b>Website</b>
07 823 3413	sfairweather@clear.net.nz	www.fertility.org.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Samantha Fairweather	07 823 3413	sfairweather@clear.net.nz

### Fetal Alcohol Support Trust

The Fetal Alcohol Support Trust (F.A.S.T.) is dedicated to preventing Fetal Alcohol Spectrum Disorder (F.A.S.D.) by informing and educating the NZ community and offering support and advocacy for those individuals and their families that are affected.



<b>Address</b>	2 Simon Place Nawton Hamilton 3200		
<b>Phone</b>	07 847 6752, 0800 006 752	<b>Email</b>	fast@xtra.co.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>	
Shirley Ann Winikerei	07 847 6752	fast@xtra.co.nz	

<b>Gastric Reflux Support Network New Zealand Charitable Trust</b>			
Support for parents with infants and children with Gastric Reflux.			
<b>Address</b>	PO Box 16596 Hornby Christchurch 8441		
<b>Phone</b>	0800 380 517, 022 5855 935	<b>Email</b>	
<b>Website</b>	www.cryingoverspiltmilk.co.nz		
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>	
Roslyn Ballantyne	0800 380 517		

<b>Hamilton Abuse Intervention Project</b>			
Provides education programmes for men and women. Advocacy for women. Youth programmes.			
<b>Address</b>	PO Box 19051 Hamilton 3244		
<b>Phone</b>	07 834 3148	<b>Email</b>	admin@haip.org.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>	
Lila Jones		haip@ihug.co.nz	

<b>Hamilton Arthritics Hydrotherapy Support Group</b>			
<b>Address</b>	PO Box 16238 Hamilton 2030		
<b>Phone</b>	07 855 0052	<b>Email</b>	yvonne@infogen.net.nz or penniej@clear.net.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>	
Yvonne Wales	07 855 0052	yvonne@infogen.net.nz	

<b>Hamilton Cardiac Care &amp; Heart Support Club</b>			
A community rehabilitation programme for people with, or at risk of heart disease			
<b>Address</b>	27 Te Anau Place Glenview Hamilton 3206		
<b>Phone</b>	07 843 4544	<b>Email</b>	edken@clear.net.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>	

<b>Hamilton Chinese Parents Group</b>			
Chinese immigrant families with children join in the group form sharing and their parenting, education experience and so on			
<b>Address</b>	123 Mahoe Street Melville Hamilton 3206		
<b>Phone</b>	07843 3960	<b>Email</b>	caili1012@yahoo.com
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>	
Annie Cai	07 843 3960, 022 021 0258	caili1012@yahoo.com	

<b>Hamilton City Victim Support Group Inc</b>			
<b>Address</b>	Private Bag 3078 Hamilton 2020		

<b>Phone</b>	07 834 9490	<b>Email</b>	hamilton@victimsupport.org.nz	<b>Website</b>	www.victimsupport.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>		
Sherryl Crawford					

<b>Hamilton East Playcentre</b>					
Hamilton East is for children birth to school age. It is one of only three Centres in the Hamilton City that is on the eastern side of the Waikato river. Check out the website for session days and times.					
<b>Address</b>	46 Graham Street Hamilton East Hamilton 3216				
<b>Phone</b>	07 856 1514	<b>Email</b>		<b>Website</b>	www.playcentre.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>		
Lorna Goodin	07 8471739				

<b>Hamilton Men's Circle</b>					
<b>Address</b>	PO Box 1123 Hamilton 2015				
<b>Phone</b>		<b>Email</b>	contact@hamilton-men.org.nz	<b>Website</b>	www.hamilton-men.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>		
Murray Allen	07 854 7759, 07 839 8126		murray.allen@fonterra.com		

<b>Hamilton Multiple Birth Club</b>					
Provide support for parents and expectant parents of multiple births. Twins, triplets and more.					
<b>Address</b>	PO Box 179 Hamilton 3240				
<b>Phone</b>	07 8498400	<b>Email</b>	ewartfuller@xtra.co.nz	<b>Website</b>	
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>		

<b>Hamilton OSCAR Network</b>					
Provide advice, support, training, and resources to OSCAR programmes (before, after school, and school holiday programmes for children aged 5-14) in the Hamilton region.					
<b>Address</b>	C/O Environment Centre PO Box 7024 Hamilton 2032				
<b>Phone</b>	07 838 0873	<b>Email</b>	james@naoscar.org.nz	<b>Website</b>	www.naoscar.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>		
James Doyle	07 838 0873		james@naoscar.org.nz		

<b>Hamilton Parents Centre Inc</b>					
Provide child birth education, parent education and family support.					
<b>Address</b>	PO Box 1494 Hamilton 2015				
<b>Phone</b>	07 855 7517	<b>Email</b>	hpcbaby@xtra.co.nz	<b>Website</b>	
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>		
Linda De Pledge-Brooker	07 855 7517		hpcbaby@xtra.co.nz		

<b>Hamilton PC Computer Club</b>					
A Club to learn and share computer skills					
<b>Address</b>	C/O Te Whare O Te Ata PO Box 12090 Hamilton 3248				

<b>Phone</b>	07 843 3396	<b>Email</b>	hamiltoncomputerclub@gmail.com	<b>Website</b>	hamiltoncomputerclub.org.nz
<b>Contact</b>		<b>Contact Phone</b>		<b>Contact Email</b>	
	Ken Jenner		07 843 3396		kenjen8@gmail.com

<b>Hamilton Refuge &amp; Support Services Inc</b>					
Support centre and safe house accommodation for victims of domestic abuse.					
<b>Address</b>	PO Box 6022 Hamilton 2015				
<b>Phone</b>	07 843 6789	<b>Email</b>	hamref@xtra.co.nz	<b>Website</b>	
<b>Contact</b>		<b>Contact Phone</b>		<b>Contact Email</b>	

<b>Hamilton Toastmasters</b>					
Toastmasters educational program to help us attain our individual communication goals. The Toastmasters Meeting Notes: We are a great bunch of people from various backgrounds and age groups all utilising the system has helped us develop and improve our skills. Club Notes: We dress tidy casual. You're welcome to come along in tidy street or work wear.					
<b>Address</b>	C/O D Austin 5 Caversham Drive Hamilton 3210				
<b>Phone</b>	07 854 6641	<b>Email</b>	des.austin@xtra.co.nz	<b>Website</b>	
<b>Contact</b>		<b>Contact Phone</b>		<b>Contact Email</b>	
	Des Austin		07 854 6641, 027 433 6235		des.austin@xtra.co.nz

<b>Hamilton West Citizens Advise Bureau</b>					
Same as Hamilton CAB.					
<b>Address</b>	PO Box 5481 Hamilton 2031				
<b>Phone</b>	07 847 2773	<b>Email</b>	cab.hamiltonwest@xtra.co.nz	<b>Website</b>	
<b>Contact</b>		<b>Contact Phone</b>		<b>Contact Email</b>	
	June Reidy		(07) 855 9762		

<b>Hearing Association Hamilton &amp; Districts Branch</b>					
Support group and service provider for hearing-impaired public of Hamilton and surrounding districts. Located at 27 O'Neill Street, Claudelands, Hamilton.					
<b>Address</b>	27 O'Neill Street Hamilton 3214				
<b>Phone</b>	07 852 5725	<b>Email</b>	hamhearing@xtra.co.nz	<b>Website</b>	hamilton@hearing.org.nz
<b>Contact</b>		<b>Contact Phone</b>		<b>Contact Email</b>	
	Raylene King		07 856 2008		

<b>Hillcrest Amateur Swimming Club Inc</b>					
Swimming Club promoting Learn To Swim, Improvers and above Competitive swimming.					
<b>Address</b>	PO Box 11088 Hamilton 3251				
<b>Phone</b>	07 843 3981	<b>Email</b>	angessmith@yahoo.co.nz	<b>Website</b>	
<b>Contact</b>		<b>Contact Phone</b>		<b>Contact Email</b>	
	Angela Smith		07 843 3981		angessmith@yahoo.co.nz

<b>Hillcrest Chapel Counselling Service</b>					
We provide low cost counselling by qualified counsellors to strengthen and promote the well being of individuals, families and communities Cnr Masters Ave & Morris Road Hillcrest					

<b>Address</b>	PO Box 11035 Hamilton 3251		
<b>Phone</b>	027 390 3987	<b>Email</b>	viv@his.co.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Vivian Henderson	07 8568 933		

<b>Hospice Waikato</b>			
Located at 33-35 Harwood Street Hamilton. Hospice Waikato provides specialised care for people dying from an incurable illness and supports them, their families and carers through illness, death and bereavement.			
<b>Address</b>	PO Box 325 Hamilton 3240		
<b>Phone</b>	07 839 3889, 07 854 1282, 0272839813	<b>Email</b>	elizabeth@hospicewaikato.org.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Lesley Barker			lesley@hospicewaikato.org.nz

<b>Immunisation Awareness Society</b>			
To promote an "informed choice" with regards to vaccination. Help people gain more knowledge on the subject before feeling pressured to make a decision. Provide support whatever decision is made. Help people gather information so they can make a fully informed decision.			
<b>Address</b>	PO Box 56048 AUCKLAND 1030		
<b>Phone</b>	09 303 0187	<b>Email</b>	info@ias.org.nz
<b>Website</b>	www.ias.org.nz		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Immunisation Awareness Society	09 303 0187		info@ias.org.nz

<b>James Family Waikato</b>			
Counselling and social work services for children and their families. Website: www.jamesfamily.org.nz E-Mail: jfcadmin@jamesfamily.org.nz			
<b>Address</b>	PO Box 24094 Hamilton 2030		
<b>Phone</b>		<b>Email</b>	jfcadmin@jamesfamily.org.nz
<b>Website</b>	www.jamesfamily.org.nz		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

<b>La Leche League (Chartwell)</b>			
Breastfeeding information and support group.			
<b>Address</b>	C/O Annemarie Lamb 20 Mac Farlane Street Hamilton		
<b>Phone</b>	07 856 6471	<b>Email</b>	ra-lamb@xtra.co.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Liz Lightfoot	07 853 9143		lizlightfoot@strathfillan.biz

<b>Leukaemia &amp; Blood Cancer New Zealand</b>			
With a vision to cure and a mission to care, we are committed to improving the quality of life for patients and their families living with leukaemia, lymphoma, myeloma, and related blood conditions. Located at 27 Pembroke Street, Hamilton.			
<b>Address</b>	PO Box 4146 Hamilton 2032		
<b>Phone</b>		<b>Email</b>	
<b>Website</b>	www.leukaemia.org.nz		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Matthew Eby	027 523 1726		matthew.eby@leukaemia.org.nz

<b>LIFE Unlimited</b>			
Providing a wide range of services for people with disabilities.			
<b>Address</b>	PO Box 146 Waikato Mail Centre Hamilton 3240		
<b>Phone</b>	07 839 5506	<b>Email</b>	DRC@life.nzl.org
		<b>Website</b>	www.life.nzl.org
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
John McIntosh	07 839 5506		

<b>LifeLine Waikato Inc</b>			
Free, confidential non judgemental 24 hour telephone counselling service.			
<b>Address</b>	PO Box 108 Waikato Mail Centre Hamilton 3240		
<b>Phone</b>	07 838 0715 office, 0800 543 354	<b>Email</b>	lifelinewaikato@lifeline.co.nz
		<b>Website</b>	www.lifeline.co.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

<b>McKenzie Centre Trust</b>			
<b>Address</b>	30 Hammond Street Hamilton Central Hamilton 3204		
<b>Phone</b>	07 839 5357, 07 839 5357, N/A	<b>Email</b>	mckenziecentre@xtra.co.nz
		<b>Website</b>	mckenziecentre.nzl.org
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Julie Treweek			mckenziecentre@xtra.co.nz

<b>ME Support Group</b>			
Act as support and information service to people with ME and CFS.			
<b>Address</b>	C/O MS Waikato Trust PO Box 146 Hamilton 2015		
<b>Phone</b>	07 834 4742	<b>Email</b>	mswaikato@clear.net.nz
		<b>Website</b>	www.mswaikato.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Frances Dene Letford	07 843 7283, 021 521 255		phil.frankie.dene@gmail.com

<b>Methodist City Action</b>			
Social services agency - foodbank, social work, senior citizens support group, computer classes.			
<b>Address</b>	PO Box 1388 Hamilton 2015		
<b>Phone</b>	07 839 3917, 839 3917, 027 562 9758	<b>Email</b>	lindsay@hmss.org.nz
		<b>Website</b>	www.hmss.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Wendy Nickalls	07 839 3917		w.nickalls@hmss.org.nz

<b>MOPS Northcity</b>			
Support/social group for mothers of pre-schoolers. Seperate children's programme.			
<b>Address</b>	PO Box 12153 Hamilton 2030		
<b>Phone</b>	07 829 4591	<b>Email</b>	
		<b>Website</b>	www.mops.org
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Nicole Reid	07 829 9933		pnreid@ihug.co.nz

<b>MS Waikato Trust</b>			
Act as support and information service to people with MS and other neurological disorders.			

<b>Address</b>	PO Box 146 Waikato Mail Centre Hamilton 3240		
<b>Phone</b>	07 834 4740	<b>Email</b>	mswaikato@clear.net.nz
<b>Website</b>	www.mswaikato.org.nz		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Janet Buckingham	07 834 4740		mswaikato@clear.net.nz

<b>Natural Fertility N.Z. Inc</b>			
We are a natural organisation offering confidential clinics to couples/women that teach fertility awareness. Fertility awareness is the ability to recognise the naturally occurring signs of fertility in a women's menstrual cycle. This information can be used to understand your own menstrual cycle, to plan a pregnancy or avoid a pregnancy. We also educate teenagers, breastfeeding women, women approaching menopause and community groups. We also run education programmes in schools on contraception, puberty, and fertility awareness.			
<b>Address</b>	55 Berkley Avenue Hillcrest Hamilton 3216		
<b>Phone</b>	0800 178 637	<b>Email</b>	lalages@naturalfertility.co.nz
<b>Website</b>	www.naturalfertility.co.nz		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Lalage Anne Sales	021 022 78772, 021 188 2869		lalage.sales@gmail.com

<b>Nawton Family Playcentre</b>			
Nawton Family Playcentre is for children birth - school age. Check the website for session days and times.			
<b>Address</b>	82 Dominion Road Nawton Hamilton 3200		
<b>Phone</b>	07 849 0216	<b>Email</b>	office@waikatoplaycentre.org.nz
<b>Website</b>	www.playcentre.org.nz		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Lorna Goodin	07 8471739		

<b>Neighbourhood Support Hamilton</b>			
Neighbourhood Support is a community owned programme to make our neighbourhoods and communities safer and more caring places in which to live. Neighbourhood Support works closely with the Police and other organisations, to reduce crime and to prepare people to deal with emergencies and natural disasters in their community			
<b>Address</b>	PO Box 3078 Hamilton 3240		
<b>Phone</b>	021 592 553	<b>Email</b>	lyall@nsnz.org.nz
<b>Website</b>	www.nsnz.org.nz		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

<b>New Life Church Hamilton</b>			
A New Life church which offers holiday programmes; Cell Groups; has an active youth group; enjoys a mix of people from many cultures; and is currently building their own church building at 360 Tramway Road.			
<b>Address</b>	360 Tramway Road RD 1 Hamilton 2021		
<b>Phone</b>	07 855 7117	<b>Email</b>	office@hnlc.org.nz
<b>Website</b>	www.hnlc.org.nz		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Bruce Rosser	027 291 5164, 07 855 7117		rosser@clear.net.nz

<b>New Progress Enterprises Charitable Trust</b>			
New Progressive Enterprises (NPE) provides a wide range of programmes and activities to support people who have experienced, or are experiencing, mental health issues.			
<b>Address</b>	PO Box 19082 Hamilton 2030		
<b>Phone</b>	07 838 0302	<b>Email</b>	kellie@npe.co.nz
<b>Website</b>	www.npe.co.nz		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Karen Covell	07 838 0302		karen@npe.co.nz

<b>New Zealand Curriculum Design Institute</b>			
Business and Education Consulting Organisation.			
<b>Address</b>	1/28 Liverpool Street Hamilton Central Hamilton 3204		
<b>Phone</b>	07 846 7446	<b>Email</b>	admin@nzcdi.ac.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

<b>Newstape Trust Inc</b>			
Provide audio cassette tapes of local news to the blind and partially sighted every week.			
<b>Address</b>	PO Box 10330 Hamilton		
<b>Phone</b>		<b>Email</b>	
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Ian Alexander Calder	07 855 3125		calder@waikato.ac.nz

<b>Nga Whare Residential Services</b>			
<b>Address</b>	123 Mardon Road Enderley Hamilton 3214		
<b>Phone</b>		<b>Email</b>	tio@terunanga.org.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Marianna Muro			marianna@terunanga.org.nz

<b>Optionz Brain Rehabilitation &amp; Recovery Trust</b>			
Non-profit organisation. Making a difference in the lives of people affected by brain injury. Structured rehabilitation programme based on individual needs/goals and abilities. Located at 290 Tristram Street, Hamilton.			
<b>Address</b>	PO Box 600 Waikato Mail Centre Hamilton 3240		
<b>Phone</b>	07 839 4010	<b>Email</b>	anne.harris@optionz.org.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Anne Harris	07 839 4010		anne.harris@optionz.org.nz

<b>Order of St Luke</b>			
Christian Service Ministry in healing/wholeness and welfare.			
<b>Address</b>	48 Kahikatea Drive Hamilton		
<b>Phone</b>		<b>Email</b>	
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Patricia Margaret Ammundsen	07 843 4008		paddy@slingshot.co.nz

<b>Pacific</b>			
Warm Pacific greetings. We work sensitively with your cultural values and respectfully with Pacific to achieve the best outcome for your family. Our services include Health promotion/education (classes, workshops), Youth services (Youth Group, Pacific Youth Events, Youth counselling), Social Services (SKIP Parenting programme, Parenting through separation)best of all they are FREE.Call us so we can support you! Contact Saffron 07 848 1002			
<b>Address</b>	PO Box 1152 Hamilton 3204		
<b>Phone</b>	07 848 1002	<b>Email</b>	terapakau@terapakau.co.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

<b>Pacific People's Addiction Services Inc (PPASI)</b>			
We provide culturally appropriate drug, alcohol, violence and life skills programmes and counselling services.			
<b>Address</b>	PO Box 19358 Hamilton 2030		
<b>Phone</b>	07 834 2964, 07 834 2964	<b>Email</b>	ppasi@xtra.co.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

<b>Paraplegic &amp; Physically Disabled Association Inc.</b>			
Sport, recreation, and leisure for people with physical disabilities.			
<b>Address</b>	PO Box 14067 Hamilton 2030		
<b>Phone</b>	07 849 9384	<b>Email</b>	
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Tiffiney Perry	(07) 849 1178, (025) 2908858		tperry@perry.co.nz

<b>Parent To Parent Waikato</b>			
Support and information for parents and whanau with a family member that has a disability, health impairment or additional need. Disability,Service,Family,Support,Child,Health Contact Carol848 1362			
<b>Address</b>	PO Box 9112 Waikato Mail Centre Hamilton 3240		
<b>Phone</b>	07 848 1362, 07 839 1276	<b>Email</b>	waikaton@parent2parent.org.nz
<b>Website</b>	www.parent2parent.org.nz		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Parent To Parent New Zealand Inc.	07 853 8491, 0508 236 236		national@parent2parent.org.nz

<b>Parentline Charitable Trust</b>			
Parentline has been providing Child Advocacy services for 32 years. Our vision is "Keeping children safe from abuse and family violence".			
<b>Address</b>	PO Box 11077 Hillcrest Hamilton 3251		
<b>Phone</b>	07 839 4536	<b>Email</b>	parentline@parentline.org.nz
<b>Website</b>	www.parentline.org.nz		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Lisa Herewini	07 839 4536		

<b>Parents Equipped</b>			
Teaches solo parents to cook low cost nutritious meals, budgeting, parenting and building self esteem.			
<b>Address</b>	C/O North City Apostolic Church PO Box 12153 Hamilton 2030		
<b>Phone</b>		<b>Email</b>	
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Ruth Bowker	07 829 4591		admin@northcityapo.org.nz

<b>Parkinsonism Society Waikato Inc</b>			
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Parkinson's Waikato is an incorporated Society, registered with the Charities Commission. We provide information, education and support to People With Parkinson's (PWP), their Care-givers, families and whanau throughout the Waikato, Waitomo, King Country, Hauraki and Thames/Coromandel areas. Our Field Officers run our Home-Visiting Programme and monthly support meetings for PWPs and their Carers. Parkinson's Waikato also supports medical research on Parkinson's through the New Zealand Human Brain Research Centre.

<b>Address</b>	PO Box 1235 Waikato Mail Centre Hamilton 3240		
<b>Phone</b>	07 839 9038	<b>Email</b>	waikato@parkinsons.org.nz
<b>Website</b>	www.parkinsons.org.nz		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Teresa McIntosh	07 839 9038		waikato@parkinsons.org.nz

### Pasifika Family & Youth Trust

charitable trust that focuses on youth and family especially melanesian group, e.g. fiji, solomon etc

<b>Address</b>	106 Endeavour Avenue Flagstaff Hamilton 3210		
<b>Phone</b>	07 854 3306	<b>Email</b>	nacolasetrust@gmail.com
<b>Website</b>	www.pasifikafamilyandyouthwebs.com		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Kelera Nayacakalou	07 854 3306		nacolasetrust@gmail.com

### Paterson Street Playcentre

Paterson Street Playcentre is near the Rhode Street school in Dinsdale. It is for children birth - school age. Check out the website for session days and times.

<b>Address</b>	40 Paterson Street Frankton Hamilton 3204		
<b>Phone</b>	0211949461 - Bek, 021117053 - Darnie	<b>Email</b>	nakitaardern@gmail.com
<b>Website</b>	N/A		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Lorna Goodin	07 8471739		

### Pathways

Adult mental health. Community support services.

<b>Address</b>	293 Grey Street Hamilton East Hamilton 3216		
<b>Phone</b>	07 857 1203	<b>Email</b>	mary.ridley@pathways.co.nz
<b>Website</b>			
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

### Patients Rights Advocacy Waikato Inc

Patients rights advocacy. Representation, claims, and complaints.

<b>Address</b>	C/O Secretary 65 Tawa Street Hamilton 3206		
<b>Phone</b>	07 843 5837	<b>Email</b>	rens.dej@clear.net.nz
<b>Website</b>	www.prawi.sartorelli.gen.nz, www.benzo.org.uk/ppaw		
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Anna Petronella G de Jonge	07 843 5837		rens.dej@clear.net.nz

### Peachgrove Playcentre

Peachgrove Playcentre is right next door to the Peachgrove Intermediate. Playcentre is for children birth to school age. Check out the website for session days and times.

<b>Address</b>	80 Peachgrove Road Fairfield Hamilton 3214		
<b>Phone</b>	0223505292	<b>Email</b>	peachgroveplaycentre@gmail.com
<b>Website</b>	www.playcentre.org.nz		

<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Lorna Goodin	07 8471739	

<b>Phoenix Rehabilitation Unit</b>		
Rehabilitation unit for those with brain injuries.		
<b>Address</b>	138 Firth Street Hamilton East Hamilton 3216	
<b>Phone</b>	07 856 3528, 07 856 3528	<b>Email</b> support@phoenixrehab.co.nz
	<b>Website</b>	www.phoenixrehab.co.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Rachel Jones	07 856 3528	support@phoenixrehab.co.nz

<b>Physical Assistance Centre</b>		
Special needs unit in a high school. Hillcrest High School, Masters Avenue, Hamilton.		
<b>Address</b>	PO Box 11020 Hamilton 2034	
<b>Phone</b>	07 857 0297	<b>Email</b> office@hillcrest-high.school.nz
	<b>Website</b>	www.hillcrest-high.school.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>

<b>Pregnancy Counselling Services Inc</b>		
Helping women or clients concerned about a worried pregnancy, adoption or abortion.		
<b>Address</b>	PO Box 1178 Hamilton 2015	
<b>Phone</b>		<b>Email</b>
		<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Anne Rodgers	(07) 827 4436	buckrogers@kol.co.nz

<b>Prison Care Ministries</b>		
Located at 13 Liverpool Street, Hamilton. Charitable Trust supporting families and individuals involved in the criminal justice system. Provider of support accommodation for released prisoners.		
<b>Address</b>	PO Box 16192 Hamilton 2030	
<b>Phone</b>	07 839 7749	<b>Email</b> info@prisoncare.org.nz
		<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Geoff McMillan		

<b>Prison Fellowship New Zealand (Waikato)</b>		
A non charitable trust, made up primarily of volunteers.		
<b>Address</b>	PO Box 5789 Hamilton 2031	
<b>Phone</b>	07 849 1669	<b>Email</b> waikato@pfnz.org.nz
		<b>Website</b> www.pfnz.org.nz
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Kelly Buckley	07 849 1669, 027 414 8861	kelly.buckley@xtra.co.nz

<b>Richmond Fellowship NZ Inc</b>		
Mental health accomodation provider.		
<b>Address</b>	PO Box 4213 Hamilton 2032	
<b>Phone</b>		<b>Email</b> adminham@richmond.org.nz
		<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Adele Winikerei	07 854 9190	

<b>RMS Refugee Resettlement</b>			
Resettlement of Refugees. Located at Waikato Migrant Centre, Boundary Road, Hamilton.			
<b>Address</b>	PO Box 14139 Five Cross Roads Hamilton 3252		
<b>Phone</b>	07 853 2195	<b>Email</b>	rms-ham@rms.org.nz
		<b>Website</b>	www.rms.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
RMS Refugee Resettlement	07 853 2195		rms-ham@rms.org.nz

<b>Royal New Zealand Plunket Society</b>			
<b>Address</b>	PO Box 9359 Hamilton 2015		
<b>Phone</b>	07 839 3982	<b>Email</b>	hamplunketadmin@plunket.org.nz
		<b>Website</b>	
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Jenny Lee			

<b>Salem Mission Charity of New Zealand Inc</b>			
Physical Address 12 Joanna Place Hamilton			
<b>Address</b>	9 Glencoe Heights Grandview Heights Hamilton 3200		
<b>Phone</b>	07 834 1407	<b>Email</b>	ipccpa@gmail.com
		<b>Website</b>	www.cpa.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Pastor Valsan Kochunny George	0211 762 112, 0222 762 112		chair@salemmissionnz.org

<b>SF Waikato (Supporting Families in Mental Health)</b>			
Supporting families in mental illness. Provides support, advocacy, education and information to families of the mentally ill.			
<b>Address</b>	28 Pembroke Street Hamilton Lake Hamilton 3204		
<b>Phone</b>		<b>Email</b>	office@sfgwaikato.org.nz
		<b>Website</b>	
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Peter Nielson			

<b>Shama: Hamilton Women's Ethnic Centre</b>			
Shama Hamilton Ethnic Women's Centre is a vibrant sustainable centre which provides support, advocacy and programmes and to be a source of strength and empowerment for ethnic women of all ages. It was formed for ethnic women to cope with feelings of loneliness, being away from extended family, adapting to life in New Zealand, discrimination, feeling helpless and powerless and lack of information.			
<b>Address</b>	27 Beatty Street Melville Hamilton 3206		
<b>Phone</b>	07 843 3811, 027 243 3811	<b>Email</b>	shamahewc@xtra.co.nz
		<b>Website</b>	http://shama.wainet.org
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Zinai Siviter	07 843 3811, 027 243 3811		shamahewc@xtra.co.nz

<b>Social Services Waikato</b>			
<b>Address</b>	PO Box 391 Hamilton 2015		
<b>Phone</b>	07 838 1583, 07 838 1583	<b>Email</b>	ssw@com-trust.org.nz
		<b>Website</b>	www.socialserviceswaikato.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

Bev Gatenby	07 838 1583	
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<b>Social Workers in Schools</b>		
Sport for people with intellectual disabilities.		
<b>Address</b>	PO Box 24094 Hamilton 2030	
<b>Phone</b>		<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Sam Sako	07 843 8656	

<b>Special Olympics Waikato</b>		
Sport for people with intellectual disabilities.		
<b>Address</b>	PO Box 15572 Dinsdale Hamilton 3243	
<b>Phone</b>	07 8536077	<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Pat Van Der Maas	07 853 6077	pvd@m@xtra.co.nz

<b>Stewart Centre</b>		
Day rehabilitation service for people with brain injury.		
<b>Address</b>	PO Box 600 Hamilton 2015	
<b>Phone</b>	07 839 4010	<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Rosemary Harris	07 839 4010	hamilton@stewart-centre.org.nz

<b>Stroke Foundation Hamilton</b>		
Located at 204A Te Rapa Road, Beerescourt, Hamilton.		
<b>Address</b>	Po Box 27112 Hamilton	
<b>Phone</b>	07 849 2065	<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>

<b>Te Whare Kokonga - Melville Community Centre</b>		
Te Whare Kokonga is a community house located in Melville Hamilton. We provide programmes, services, activities and events to people in and around Hamilton South. Te Whare Kokonga is a friendly organisation, always willing to help. If we can't provide what you need, we will find someone who can! Some of the Services & Programmes Provided: Budgeting Advice, WINZ & HNZA Advocacy, Legal Advice, Smoking Cessation, JP Service, Parenting courses, Holiday programmes, Vege Co-op, Vibrant Living programmes and much more.		
<b>Address</b>	PO Box 8026 Urlich Hamilton 3245	
<b>Phone</b>	07 843 8811	<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>	<b>Contact Email</b>
Holly Snape	07 843 8811	

<b>Te Whare o Te Ata</b>		
1) OSCAR Accredited School Holiday & After School Programmes. 2) Working alongside community groups to improve governance & funding opportunities. 3) Community education...including Te Ara Reo Maori etc. 4) Weekly community Radio programme. 5) Venue hire for groups of up to 15 people. 6) Visit our web-site for more information		
<b>Address</b>	PO Box 12090 Hamilton 3248	

<b>Phone</b>	07 855 7804	<b>Email</b>	tewhareoteata@xtra.co.nz	<b>Website</b>	www.communitylinx.co.nz
<b>Contact</b>		<b>Contact Phone</b>		<b>Contact Email</b>	
Frank Carter		07 8557804		tewhareoteata@xtra.co.nz	

<b>The Friends Of Hamilton Zoo Inc</b>					
The Friends of Hamilton Zoo Inc are a committed group of volunteers who support the zoo in its aims of conservation and education. We do this by fundraising but also by assisting with certain projects or events as required by the zoo. More info can be found on the Hamilton Zoo website					
<b>Address</b>	PO Box 15265 Hamilton 3243				
<b>Phone</b>	07 838 6953	<b>Email</b>	betty.collins@hcc.govt.nz	<b>Website</b>	www.hamiltonzoo.co.nz
<b>Contact</b>		<b>Contact Phone</b>		<b>Contact Email</b>	
Betty Collins		07 838 6953, 07 838 6953		betty.collins@hcc.govt.nz	

<b>The Home Educators Network (THEN) Inc</b>					
We are a network of home educators who keep in touch with each other, help in organising and advertising activities in and around the Waikato, give access to relevant home ed info', to be informed of current issues in home education in New Zealand, encourage those contemplating home education for the first time, and general support and networking					
<b>Address</b>	PO Box 20257 Hamilton 3241				
<b>Phone</b>	07 855 3126	<b>Email</b>	then@kol.co.nz	<b>Website</b>	nowTHEN.bravehost.com
<b>Contact</b>		<b>Contact Phone</b>		<b>Contact Email</b>	

<b>The Salvation Army Employment Plus</b>					
<b>Address</b>	45 King Street Frankton Hamilton 3204				
<b>Phone</b>	07 847 3223	<b>Email</b>		<b>Website</b>	
<b>Contact</b>		<b>Contact Phone</b>		<b>Contact Email</b>	

<b>Touch for Health Kinesiology</b>					
Kinesiology is a system of healthcare that uses gentle but powerful techniques to improve vitality, wellbeing and energy. Anyone can learn the Touch for Health system for personal use or in the clinic situation.					
<b>Address</b>	201 King Street Cambridge 3434				
<b>Phone</b>		<b>Email</b>		<b>Website</b>	www.touchforhealthnz.co.nz
<b>Contact</b>		<b>Contact Phone</b>		<b>Contact Email</b>	
Colleen Ryan		07 823 5054		colleen@prioritywellness.co.nz	

<b>ToughLove Parent Support</b>					
Support Groups for parents who are experiencing unacceptable behaviour from their children of all ages. We teach strategies for parents who want to live in a home where everyone cooperates in a loving environment. We meet at Hamilton East Community House (Waimarie), 53 Wellington Street, on Tuesdays 7.30-9.30 pm. No bookings necessary.					
<b>Address</b>	PO Box 12286 Chartwell Hamilton 3248				
<b>Phone</b>	07 856 5999	<b>Email</b>	waikatopsg@gmail.com	<b>Website</b>	www.toughlove.co.nz
<b>Contact</b>		<b>Contact Phone</b>		<b>Contact Email</b>	

<b>Union of Fathers</b>					
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Our Purpose To defend, promote and champion the value of fatherhood. To achieve equal shared parenting as the accepted and recognised best outcome following separation. To unite and empower fathers and supporters to achieve the greatest well-being of our children and hence future generations. ARE YOU MISSING YOUR KIDS? Many fathers lose contact with their children after a marriage breaks up. This can leave them devastated and depressed. We can share our valuable experience in regards to Family Law We assist members by teaching them how to represent themselves when dealing with issues such as custody, property and child support.

<b>Address</b>	PO Box 909 Waikato Mail Centre Hamilton 3240		
<b>Phone</b>	021 396 728	<b>Email</b>	mrfixit_please@paradise.net.nz
		<b>Website</b>	www.uof.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

### Vardon Playcentre

Vardon Playcentre is on the same street as St Andrews middle School. Playcentre is unique to NZ and is known as the family preschool. Sessions are for children birth to school age. Check out the Website for session days and times.

<b>Address</b>	34 Heath Street Saint Andrews Hamilton 3200		
<b>Phone</b>	07 849 4628	<b>Email</b>	office@waikatoplaycentre.org.nz
		<b>Website</b>	www.playcentre.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Lorna Goodin	07 8471739		

### Voice for Life

Provide information and support to women in situations of unplanned pregnancy.

<b>Address</b>	PO Box 189 Hamilton 2015		
<b>Phone</b>	07 849 1030	<b>Email</b>	daveklinkhamer@xtra.co.nz
		<b>Website</b>	www.voiceforlife.org
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Peter Anton Klinkhamer	07 849 1030, 07 823 6449		daveklinkhamer@xtra.co.nz

### Volunteer Service Abroad - V S A (Waikato)

Support Volunteers from our region volunteering for VSA.

<b>Address</b>	C/O Christina Reymer (Secretary) 3 Armagh Street Hamilton		
<b>Phone</b>		<b>Email</b>	cmreymer@xtra.co.nz
		<b>Website</b>	
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Jane Margaret B Strachan	07 839 2624, 021 392 624		jane@waikato.ac.nz

### Waikato Association of Korean Students

Waikato Association of Korean Students (WAKS) is a body of Korean tertiary students in Waikato region, currently made up of students from the University of Waikato and Wintec. Our purpose is to provide members with opportunities for personal development and managerial experiences. We do this by interacting with local communities, especially Korean communities and running a number of projects designed to bridge the gap between the Korean communities in Waikato and the wider public. For further information, contact the president (2010), Sang Jun Do; 021 254 3895, sjd33@students.waikato.ac.nz

<b>Address</b>	2/174 Old Farm Road Hamilton East Hamilton 3216		
<b>Phone</b>	021 254 3895	<b>Email</b>	sjd33@students.waikato.ac.nz
		<b>Website</b>	
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Sang Jun Do	021 254 3895		sid33@students.waikato.ac.nz

### Waikato Buddhist Temple

Conducts weekly Meditation sessions in English. Collection of English books on Buddhism is available.

<b>Address</b>	2 A Chelmsford Street Silverdale Hamilton 3216		
<b>Phone</b>	07 859 2180	<b>Email</b>	nzcbt@slingshot.co.nz
		<b>Website</b>	http://buddhistvihara.srilankanz.net.nz/
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Waikato Buddhist Temple	07 859 2180		nzcbt@slingshot.co.nz

<b>Waikato Burn Support Charitable Trust</b>			
Support and information for burn survivors and caregivers. Website: www.burnsupport.org.nz. E-Mail: secretary@burnsupport.org.nz			
<b>Address</b>	PO Box 5042 Hamilton 2031		
<b>Phone</b>		<b>Email</b>	secretary@burnsupport.org.nz
		<b>Website</b>	www.burnsupport.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Vera Gunn			

<b>Waikato Institute For Leisure and Sport Studies</b>			
Provides community education in sport, leisure and active living.			
<b>Address</b>	PO Box 46 Hamilton 2015		
<b>Phone</b>	07 839 9908	<b>Email</b>	wilss@wilss.ac.nz
		<b>Website</b>	www.wilss.ac.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

<b>Waikato Playcentre Association Inc</b>			
Waikato Playcentre Association is the parent organisation for 22 Playcentres in the Waikato region. Playcentre is for parents to be actively involved in running quality play sessions for children Birth - school age. Situated @ 87 A Norton Road Hamilton			
<b>Address</b>	PO Box 5252 Frankton Hamilton 3242		
<b>Phone</b>	07 847 1739, 07 847 1739, N/A	<b>Email</b>	office@waikatoplaycentre.org.nz
			z
		<b>Website</b>	www.playcentre.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Lorna Goodin	07 8471739		

<b>Waikato Student Union</b>			
The WSU provides representation for all Waikato University students. We provide an advocacy service, minority group representation and other useful services. We represent student views on most university committees and we also represent Waikato students nationally.			
<b>Address</b>	University of Waikato Private Bag 3059 Hamilton 3216		
<b>Phone</b>	07 856 9139	<b>Email</b>	admin@wsu.org.nz
		<b>Website</b>	www.wsu.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

<b>Waikato Widow and Widowers Social Club</b>			
Social club for widows and widowers.			
<b>Address</b>	C/O J Redout 37 A Dalethorpe Avenue Hamilton		
<b>Phone</b>	07 855 3879	<b>Email</b>	
		<b>Website</b>	
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Jean Redout	07 855 3879		

<b>Waikato Youth Workers Collective</b>			
To support, strengthen, and advocate for youth workers.			
<b>Address</b>	PO Box 391 Hamilton 2015		
<b>Phone</b>		<b>Email</b>	<b>Website</b>
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Maraea Nikora	07 853 8730		maraea@com-trust.org.nz

<b>Waikato/Bay of Plenty Division of The Cancer Society of NZ Inc</b>			
The Waikato/Bay of Plenty Division of The Cancer Society is committed to minimising the impact of cancer in the community through the provision of free support services, health promotion, research, advocacy, and information services.			
<b>Address</b>	PO Box 134 Waikato Mail Centre Hamilton 3240		
<b>Phone</b>	0800 22 77 44, 07 838 2027	<b>Email</b>	admin@cancersociety.org.nz
		<b>Website</b>	www.cancersociety.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

<b>Western Community Centre</b>			
The centre is a focal point for the Hamilton west community providing a wide range of support services, activities, programmes, events, venue hire and community development projects.			
<b>Address</b>	46 Hyde Avenue Nawton Hamilton 3200		
<b>Phone</b>	07 847 4873, 07 847 4873	<b>Email</b>	manager@wccham.org.nz
		<b>Website</b>	www.westerncommunity.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>

<b>Workplace Support</b>			
Delivering professional staff and organisational support services. Grey Street.			
<b>Address</b>	PO Box 4321 Hamilton 2032		
<b>Phone</b>	07 856 8638	<b>Email</b>	support.waikato@xtra.co.nz
		<b>Website</b>	www.workplacesupport.co.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Lindsay Cumberpatch	07 856 8638		

<b>YWCA</b>			
"The YWCA of Hamilton offers programmes and workshops for young women, Tertiary Education and Outward Bound Scholarships and a Maori Women's Community Award; fresh and frozen YW Mobile Meals "meals on wheels;" hostel accommodation for women and men and venue hire (hall, meeting rooms and commercial kitchen)."			
<b>Address</b>	PO Box 1011 Hamilton 3240		
<b>Phone</b>	07 838 2219	<b>Email</b>	admin@ywcahamilton.org.nz
		<b>Website</b>	www.hamilton.ywca.org.nz
<b>Contact</b>	<b>Contact Phone</b>		<b>Contact Email</b>
Anne Bennett	07 838 2219		hamilton@ywca.org.nz

<b>Zipper Cardiac Support Group</b>			
Helping cardiac patients who have, or are to have, cardiac surgery through either the Waikato Hospital or Braemar Private Hospital. Patients can come from throughout the Waikato, Thames Valley, Bay of Plenty, Rotorua, King Country, Taranaki or Poverty Bay areas. Trained visitors from the Club visit the Hospitals and offer help, support and encouragement to patients undergoing open heart surgery, as well as their caregivers and families. We do not give medical advice, but offer comfort and support from those who have been through the experience.			
<b>Address</b>	PO Box 12265 Chartwell Hamilton 3248		



Phone	Email	Website
Contact	Contact Phone	Contact Email
Don Traill	07 855 7077	donhilda.trail@hotmail.com

**Number of records: 139**